



ANNUAL REPORT

MARCH 2008 – FEB 2009

MAMELANI PROJECTS 2008 - 2009

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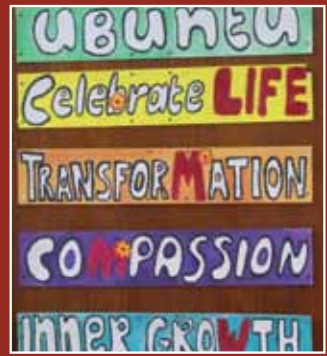
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MAMELANI PROJECTS
2007 - 2008

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DIRECTOR'S LETTER

IT HAS BEEN FIVE YEARS SINCE MAMELANI took its first steps towards building safer and healthier communities. Along the way we have touched many people's lives, overcome obstacles, faced challenges and learnt many valuable lessons.

At our recent 5 year celebration the values that guide our practice were highlighted - values that we hope to nurture in the communities we serve. These values include: a sense of ubuntu, people centredness, growth from within, celebration and ultimately, radical transformation.

The philosophy that is described through the phrase "Umntu Ngumuntu Ngabantu" - I am because you are, or as some put it, people are people because of other people - is central to Mamelani's work. Each unique member of the Mamelani team has grown into the leader they are today as a result of the interactions and relationships they have developed with the people they serve. It is through learning from each other that we have been strengthened. We aim to cultivate this sense of cooperation and shared leaning in our programmes.

Similarly, it is by being strong from within, that we have been able to create strength outside of ourselves. Mamelani values growth from within, knowing that one cannot expect to change something externally unless we ourselves have made these shifts first. As an organisation we have grown from the inside out. We have had to build ourselves as people in order to have a strong organisation, and similarly, we have needed to support and strengthen people in the community in order to build stronger, healthier and safer communities. The change starts with you - this is our motto. We hope to inspire similar growth from within the communities we work with. By strengthening one family member, a family can grow; by strengthening one family, a neighbourhood can grow; as one neighbourhood grows, so too does the community at large.

The needs of the communities we serve are varied, and with the growing inequality in our country, the needs are sure to continue to grow. The current economic crisis also puts an extra burden on our work. We have faced many challenges, and can be certain there will be more to come in the future, which is why we think it is so important to celebrate life and all the goals we have reached. Most importantly we celebrate the individuals who have come through our programmes and grown, our partnerships with other organisations and the way we work together, step by step, to improve the quality of this life, for it is precious. These relationships are our most celebrated asset.

People centred-ness, what our government refers to as "Batho Pele - People First". For us, this fundamental principle lies in the belief that each person has the knowledge and capacity to transform their lives - they are the experts in their lives, not us. While we share information with people, so that they are able to make more informed choices, ultimately the power to make a change is in each of our own hands. We cannot give this power away, expecting others to solve our problems for us. We strive at Mamelani to uphold this principal. Our programmes are guided by the needs of the communities we serve. Person centred-ness treats each person as unique and is a slow, sustainable intervention that builds people's capacity.

Looking back over the last 5 years, we can celebrate our successes and learn from our mistakes. We step forward into the next five years, fully aware of the complexity and challenges that lie ahead. We commit to work hard, listen carefully and share knowledge in a way that inspires people to believe in themselves and their power to change their lives, their families and their communities. This is the radical transformation we are striving for.

We are looking forward to the next 5 years and the impact that we could have on the communities we work with. We thank those who have helped us get to where we are today, and are eager to continue to work hand in hand in building a safer and healthier South Africa for all.

All the very best,

Carly Tanur
Founding Director



ORGANISATIONAL REPORT

THE ORGANISATION

OUR VISION

A healthy, fair and equal society where people are able to reach their full potential.

OUR MISSION

To empower and strengthen marginalized communities by listening to the particular needs of women, youth and children. This is achieved by facilitating programmes that focus on developing people through health education, skills training and personal development. In this way we hope to promote self reliance and ubuntu.

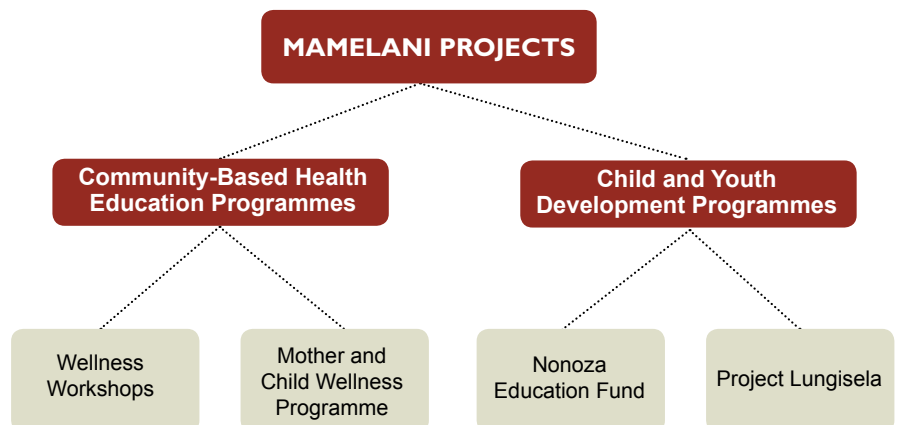
Mamelani reached the milestone of having worked towards safer and healthier communities for 5 years. We celebrated this with a gathering in Wynberg Park on December 5th 2008. Donors, beneficiaries, family and friends joined the organisation in celebrating this milestone.

Mamelani is a registered Voluntary Association and has its section 18A PBO (Public Benefit Organisation) status. We have a staff body of eight South African employees and one Irish voluntary executive member. Dr Beverly Draper, Kabir Bavikatte and Lisa Katzeff comprise our board of Trustees. Carly Tanur, Sadicka Ahmed and Aubrey Robinson form the

administrative arm of the organisation. Cleopatra Sawuti, Nomvuyo Mbele, Rosie Situnda and Thandi Blie are the facilitators who run the Wellness Programme. The Youth Development facilitators are Clinton Osbourn (Project Lungisela), Thabo Jim and Susanne Thompson (Nonoza Education Fund).



Back left: Cleopatra Sawuti, Virginia Mtati, Susanne Thompson, Thabo Jim, Nomvuyo Mbele, Thandi Blie
Front left: Carly Tanur, Rosie Situnda.



STAFF DEVELOPMENT

We would like to welcome two new staff members onto the Mamelani team.

Susanne Thompson joined the Mamelani team in January 2009. Susanne is a qualified social worker and will be running the Nonoza Education Fund from Zerilda Park Primary. She has vast experience working with children, especially using play therapy. These skills are particularly useful working with young children.

Clinton Osbourn joined the Mamelani team in August 2008. He has vast experience working with youth from

the Homestead as he has been active there for over 10 years. His experience and skills are a huge asset to the programme.

In January 2009, Virginia Mtati, a student social worker from Unisa was placed at Mamelani for her practical placement. She will be focused on the Nonoza Education Fund in Khayelitsha.

In July 2008 Mamelani said goodbye to Patrick Sidelo, our youth care facilitator. In January 2009, Mamelani said goodbye to Sadicka Ahmed, our administrator. We wish them both the best of luck in their future endeavours.

STAFF TRAINING

Mamelani facilitators attended a week-long training at the Grail Centre. The training was developed from Paulo Freire's radically different approach to adult education which helped people "to read their reality and write their own history", and motivates them to action that transforms their life situation. The training focussed on techniques from "Training for Transformation" which aims to develop critical consciousness and creativity for community development facilitators.

It was a real learning experience for the facilitators and we are thankful to Derrick and Ntombi for their insight and commitment to building communities from the inside out.

Wellness facilitators attended an infant feeding course as part of the Department of Health's Prevention of Mother to Child Transmission Programme (PMTCT).

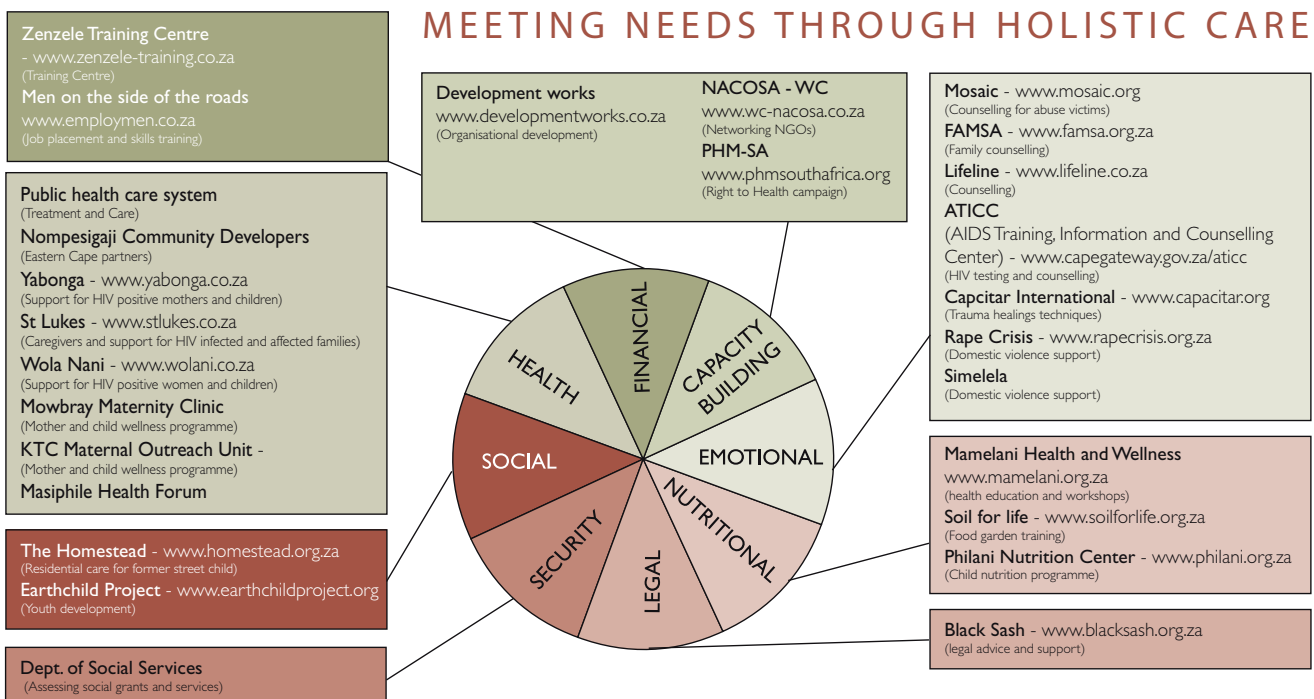
All staff members who were not computer literate attended a Basic Computer Course.



Cleopatra Sawuti, Wellness facilitator, Training for Transformation course

PARTNERSHIPS

Mamelani also works closely with other NGOs and community-based organisations. Working with these organisations is often a two-way process. Many of them have expertise or offer services which are beneficial to our clients. This enables us to cover a broad range of our clients' needs, from counselling to income generation, job placement and stress management. Over time, we strive to build a strong network of inter-organisational referral and support structures throughout the Western Cape.



COMMUNITY BASED WELLNESS PROGRAMME

WESTERN CAPE WELLNESS PROGRAMME

WELLNESS WORKSHOPS

The aim of the workshops is to provide community-based health education in a format that empowers individuals and groups to make informed decision about their health and better care for themselves and their families. The workshops are offered to health workers, home-based carers, sufferers of chronic illnesses and their family members sharing accurate and practical information regarding major illnesses. The workshops emphasise low cost ways of strengthening the body's immune system, promote the correct use of prescribed medication, information regarding home-based remedies and ensure that participants are able to access appropriate clinic services.

The workshops are tailored to the needs of very low-income families and are attended mainly by women. They are taught on site in either isiXhosa or English. The material that is covered reflects the reality of where the audience is from and what foods they can afford. The aim is to demystify the information that people do not understand so that they can make informed decisions about their health. Evaluation tools are utilised through the training to ensure that participants learn through interaction and feedback.

The workshops run over an 8 week cycle. Ideally the groups are between 15 and 20 participants. We aim to train roughly 24 groups per year, facilitating 6 groups during each 8 week cycle.

“Thank you very much for the teaching you gave us. It was a surprise to me. I did not know anything about it. Now I can advise other people about the problems they experience. Because of you, I have the information! Don't get tired, carry on doing it for other people. Thanks.”

Workshop participant

IMPACT

A total of 555 people were reached through the Wellness Workshops in the Western Cape between March 2008 and February 2009. In addition, 30 lay counsellors from the Western Cape AIDS Training, Information & Counseling Centre (ATICC) participated in a single training session, focussing on HIV and Nutrition and approximately 500 000 people (10% of Khayelitsha community) were reached through the radio broadcasts.

Numerous clients were referred back to clinics and resumed treatments. Many of the individuals (adults and children) using Epap, reported improved energy levels and weight gain. Many participants reported that they were eating more fruit and vegetables, brown bread instead of white bread and less sugar and junk food. Some also mentioned that they had changed both the way that they cook as well as what they cook.



Philani Nutrition Center

THE FOLLOWING GROUPS ATTENDED THE WORKSHOPS

Name of Group	Type of group	Area
Attic Tygerberg	Counsellors	Tygerberg
Christian Based Society	Church group	Khayelitsha
Crossroads Clinic Group	NGO support group	Crossroads
Delegate Children & Youth Movement	Community-based organisation	Nyanga
Groote Schuur Clinic Support group	Clinic Support Group	Observatory
Hands of Hope	Community-based organisation	Guguletu
Helping Hands	NGO support group	Nyanga
Izandla Zethemba	NGO support group	Guguletu
Khanyisa Community group	Church group	Khayelitsha, Graceland
Lona Mlofana	Community-based organisation	Khayelitsha
Masiphile Group	Community-based organisation	Khayelitsha
Nokuthembeka Home based Response	Home-based Care Group	Nyanga
Phakama Community Health Group	Home-based Care Group	KTC, Nyanga
Philani Nutrition Group	Community-based organisation	Khayelitsha
Phumlani Clinic Support Group	Clinic Support Group	Lower Cross Roads
Phumlani Support Group	NGO support groups	Crossroads
Siluncedo Support group	Home-based Care Group	Nyanga
St Mary Magdalene	Support Group	Nyanga
Ubuntu Youth group	Community-based organisation	Nyanga
Wola Nani (3 groups)	NGO support group	Khayelitsha, Guguletu & Philippi
Yabonga Support group (3 groups)	NGO support group	Khayelitsha, Guguletu and Crossroads
Zanecebo Support group (2 groups)	Community based organisation, Support Group	Guguletu

CONSULTATIONS

The consultation service allows participants the time and space to talk privately with facilitators to begin to address other needs that are an obstacle to their health. Support takes the form of one-on-one counseling, referrals to other NGOs and by facilitators serving as patient advocates.

While some clients come from the support groups, many come from community-based organisations and these consultations provide the first real opportunity to reveal their status and express the difficulties that they face at home. Many have been isolated by their families and do not attend support groups because they fear further stigmatisation.

Consultations offer a safe space where necessary information can be shared, and a trusting relationship can be developed. This relationship often empowers the individuals to make the necessary changes in their lives. Facilitators also share information with family members so that they can support the client. Mamelani also plays a role in advocating for clients' rights when they fall through the gaps of the clinic system.

The consultation service also provides time to develop strategies for dealing with stress, encouragement of medication adherence, support in accessing social grants, and referrals to other organisations for specialised services.

“*I want to sincerely thank the Mamelani facilitator for all she has done for me. Mamelani gave me hope when I was sick and had lost hope in the world. Everyone that I thought were my friends and even my mother turned her back on me. Thank you for the support and love that you gave me in my time of need. You went beyond that and even helped me to get a job so that I can be independent and be able to support myself. Please continue giving love, care and support to others in need like you did to me. In Xhosa we say “Huntshu Nangomso” – “Do it again tomorrow”.*”

Client

HEALTHY COOKING DEMONSTRATIONS – IMIFUNO FOR ALL!

Mamelani has developed a low-cost vegetarian recipe book to use as the basis for a series of healthy cooking demonstrations for participants who have attended the Wellness Workshops. The demonstrations aim to show participants how creative they can be with the food items they already have in their kitchen. New ways of cooking vegetables, in order to maximise nutritional value, are shared. Facilitators also share information on cooking methods that use as little energy as possible, while maximizing flavour and nutrition. Each participant receives a copy of the book after the demonstration.

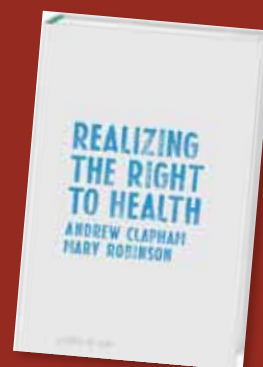
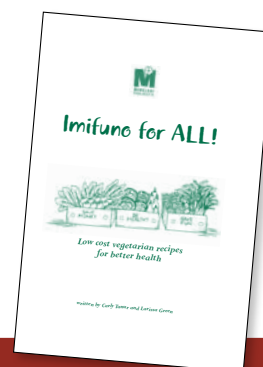
The book is also being sold to the public in order to generate income for the demonstrations.



IMPACT

Over the past year Mamelani facilitators have supported 57 clients through the consultation service. Some of the issues dealt with and support provided during these consultations included:

- Emotional support to individuals finding out their HIV status.
- Counselling of a rape victim and support during the abortion process.
- Emotional support and counselling to a mother who lost her child to HIV.
- Emotional support and counselling to an HIV positive pregnant woman who found out her status once she was pregnant.
- Support to an individual in dealing with her TB status and guiding her in how to adhere to TB treatment.
- Provision of relationship counselling to HIV positive couples.
- Support to an HIV positive mother who was being forced by her in-laws to breastfeed to avoid the stigma associated with formula feeding.
- Assisting clients with opportunistic infections to access appropriate care from clinics and guidance in how to manage infections at home.
- Referrals to support groups and clinics.
- Emotional support and counselling to the families of clients who passed away.



Mamelani's Wellness Programme is featured in Swiss Human Rights Book.

This book, which is Volume III in the Swiss Human Rights Book series, focuses on the right to health. The book contains 40 chapters by 60 leading health care practitioners, human rights advocates, health officials, and other

authorities in the international right to health movement. Mamelani has written a chapter titled: *Health and Wellness for ALL – Mamelani Projects' Wellness Programme.*

MOTHER AND CHILD WELLNESS PROGRAMME

(THE LOUIS STANTON INFANT HEALTH PROGRAMME)

Since February 2008 Mamelani Projects has been running the Mother and Child Wellness Programme, for the purpose of promoting safe infant feeding, particularly amongst HIV positive mothers.

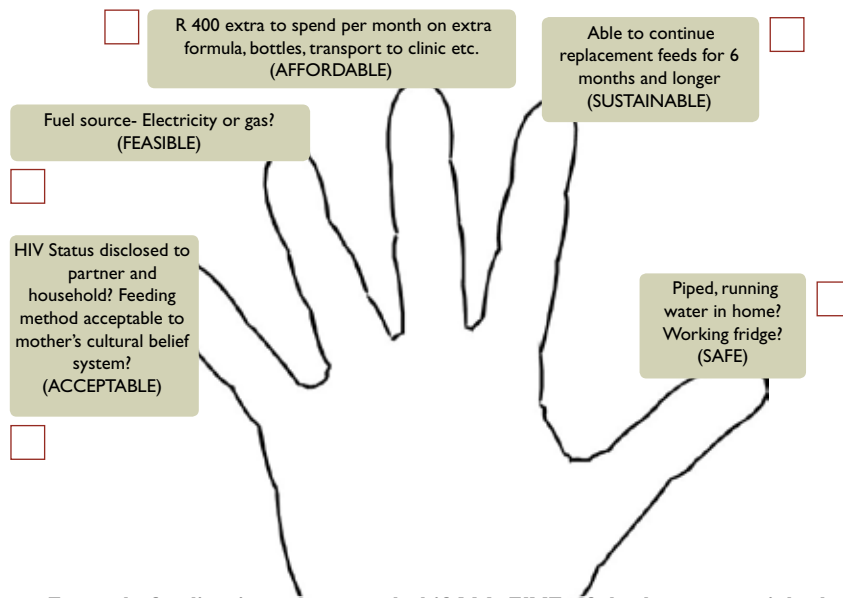
The facilitators visit the clinics on a weekly basis offering support to mothers who have recently found out their HIV status or who are visiting the clinic as part of the

National Prevention of Mother to Child Transmission of HIV (PMTCT) Programme. Facilitators run weekly information and education sessions at Mowbray Maternity Clinic and KTC Maternal Outreach Unit.

The sessions promote safe infant feeding by addressing the complex challenges faced by mothers, particularly those who are HIV positive, in selecting the correct

feeding method for their babies. Studies show that low birth weight, malnutrition, acute respiratory infections, diarrhoea and HIV/AIDS are the biggest killers of small children in South Africa although most of these conditions are preventable, or at the very least treatable, and all can be linked to incorrect infant feeding

AFASS criteria for safe formula feeding: HIV positive mothers are advised to exclusively formula feed their new born babies if they fit the following criteria:



- Formula feeding is recommended if **ALL FIVE** of the boxes are ticked.
- Exclusive breastfeeding is recommended for six months if **ANY** of the boxes are not ticked.
- It is the mothers right to make her own choice

Developed by Professor Anna Coutsooudis.

THE SESSIONS FOCUS ON THE FOLLOWING:

- Information regarding HIV testing and the importance of the Prevention of Mother to Child Transmission Programme (PMTCT).
- Sharing information on correct infant feeding methods for improved infant health and nutrition.
- Prevention of HIV transmission to infants through breast milk
- The importance of maintaining the correct feeding regime
- Information for newly diagnosed mothers regarding access to support services, counselling and referrals
- After attending the workshops, mothers are supported by Mamelani facilitators' in facing the challenges they face once back in their communities through individual consultations.

IMPACT

Roughly 500 women were reached through weekly sessions at the Mowbray Maternity Clinic and KTC Maternal Outreach Unit. 14 HIV positive mothers have been able to maintain a feeding choice that has resulted in their babies staying HIV negative.

WAY FORWARD

Currently the programme is focused on building relationships with clinics and with pregnant mothers. The ultimate aim is for the programme to offer the much needed community-based support on a range of issues and challenges facing HIV positive mothers, with a particular focus on infant feeding.

“Whenever I call you I just get the feeling that I can face my life because of all the encouragement you give me. I appreciate your presence. Thank you for always being there when everything seemed like too much for me. My baby is fine now, thanks to you.”

“When I heard that my baby's results were negative I thanked God. And I thank the facilitator from Mamelani for always being there during all the times of confusion – she really gave me strength.”

EASTERN CAPE WELLNESS PROGRAMME

WORKSHOPS

Mamelani has extended its Wellness Programme to Ngqeleni in the Nyandeni District in the Eastern Cape. Mamelani has partnered with Nompesigaji Community Developers to develop a Wellness Programme in the district. Our aim is to develop trainers who can offer much needed support for health challenges in the area as it is not well resourced. Mamelani has trained 10 trainers who have been sharing the Wellness information in their communities. Mamelani plays a mentorship role in the programme, visiting the trainers on a quarterly basis to assist them in developing the programme further.

During this year roughly 600 people have been reached through the Wellness Programme. Six public meetings were held over this period with roughly 45 people attending each. The aim of the public meetings is to raise awareness and



Beekeeping Group

invite people to participate in the programme. The following groups have been trained:

AFM church group
Beekeeping Group
CPF GROUP
Mpimbo Support Group
Philani Support Group
Sinoyolo Support Group
Hand Crafters Group
Lqolweni Community Group
Mngcibe Community Worker Group
Vukani Support Group
Lathitha Support Group
Lwandile Community Health Worker Group
Bhushula Team Ngqeleni
Buntingvile
Canzibe ARV Clinic
Gangeni community group
Coffee shack
Hluleka Support group

Hluleka Crafters project
Hluleka PMTCT Group
Isibaya Development Trust
Jange Adult School
Jange community
Khonjwayo
Lathitha Support Group
Luqolweni Community group
Lwandile day clinic
Lucingweni Youth Group
Lwandile community health worker group
Lwandile PMTCT (Mothers Group)
Malungeni community group
Maqanyeni community
Masimanyane Support group
Mbange Community group
Mdepha Youth Group
Mdzwini w/shop
Mkhanyiseli Support Group

Mngcibe community health worker group
Mngcibe Home based care group
Mpimbo Support Group
Mpimbo Support Group
Ngqeleni support group
Nokuphila PMTCT
Ntsele locality
Ntshilini youth Group
Ntsundwane Support Group
Nzwakazi community group
Old Bunting Support Group
Philani Support Group
Sinovuyo Support Group
Sinoyolo Support Group
Sokhanya HIV Orphanage Group
Upper Mdumbi Junior Secondary School
Vukani Support Group

MESSAGE FROM PARTNER

“Through this partnership with Mamelani Projects we have been able to access the much needed funds and support for our programme. We have managed

to reach many people who have now been empowered to disclose their status and are now openly assisting others. The programme has had a great impact on the lives of the people, especially regarding the health. It has made them

more aware and able to be caring, supportive and work together. We look forward to developing the programme further – masi qubekeni phambili – Lets keep it going!”

YOUTH DEVELOPMENT

PROJECT LUNGISELA

BACKGROUND

The Homestead (Project for Street children) accommodates boys who have lived on the streets of Cape Town. Most children land up on the street as a result of difficulties faced at home. The Child Care Act requires them to leave the Children's Home at the age of 18 as they are no longer considered children and the state therefore withdraws its funding. The growing economic and social hardships that communities face make it more difficult for families to afford to take such children back. The situation they face when they return to relatives is difficult to say the least. At this stage it is hoped that these young men would have the education and life skills necessary to access tertiary education or find employment. The reality, however, is quite different.

Each year a group of such young men leave the Homestead. Some are placed in other residential projects and are given the opportunity to further their education and find continuity in achieving their goals. Others return to family and find themselves struggling to support themselves with the limited options they have facing them. After years of stability and success at the Children's Home, without adequate support some of these children find themselves back on the streets. Project Lungisela is our attempt to break this vicious cycle.



PROJECT LUNGISELA

The aim of Project Lungisela is to prepare young men leaving institutional care to face the particular challenges in becoming independent, responsible and contributing members of society. The programme exposes youth to opportunities and experiences including internships, access to

accommodation, life skills, peer support and community service projects. The programme offers support to the youth for a one year period before they leave the home, and continued support once they move back to their families (at age 18).

THE PROGRAMME FOCUSES ON:

Making the youth in the programme employable by:

- Assisting them in realizing their strengths and interests
- Assisting them in gaining the necessary skills to find employment in the area of their interest
- Giving them an opportunity to get work experience through internships
- Assisting them in finding suitable employment

Personal development:

- Offering emotional support through the transition period from institutional care to independent living
- Helping them gain a greater understanding of themselves and allowing them to realize their value and improve their decision making ability
- Building a support structure so they are able to be role models and support to each other

Accommodation:

- Assisting them with accessing safe and secure living arrangements which range from building or repairing a shack to renting a room.

Programme outline:

The programme consists of weekly lifeskills workshops for both seniors (those still living at the Homestead) and graduates (those who have already left). The workshops focus on the issues that are most pressing in the participants' lives, and allow them time to develop strategies for better dealing with them. The sessions are also focussed on career guidance and job seeking.

The participants are also offered one on one sessions with the facilitator to deal with their own individual issues. Wilderness Camps take place at least once a year to offer the participants the opportunity to take themselves out of the associations and habits that they engage in when at the Children's Home. We are grateful to Mark Williams and Coleridge Daniels of People to People for facilitating the camp in August of 2008.

MESSAGE FROM OUR PARTNER

Over the past years I have observed with pride the growth of Project Lungisela. The boys are prepared emotionally and practically to handle the challenges of real life outside the Children's Home. Thanks to the programme they experience that a support system is in place after they have left.

I have seen the success of the programme in the following areas as the young men have a sense of belonging as responsible citizens to a community (no longer marginalised and living on the streets); they are willing to accept responsibility for their decisions and choices; they have dreams and are attempting to take responsibility for their

financial needs through training or employment; and most importantly they can look you in the eyes and take pride in themselves and their achievements!

The impact this has in the lives of the boys cannot be expressed in words. I am very grateful for the dedication and endurance displayed by the Mamelani staff. Their sense of caring for the boys is admirable.

Sonja Basson, Social Worker
The Bridge at Elukhuselweni Children's Home

THE WAY FORWARD

In January 2009 we initiated an internship programme that offers the youth an opportunity to gain work experiences at different companies. This will allow them the opportunity to experience the working world and gain skills without incurring extra cost to the employer. It will also assist them in generate an income and gaining experience which will help them access jobs in the future.

Finding suitable accommodation continues to pose a great challenge to the programme and part of the strategy for the coming year is finding a solution to this challenge.

IMPACT

Currently the programme is supporting up to 25 individuals, offering varying levels of support depending on their needs. 8 of the individuals left the Homestead in December 2007 and a further 6 have been part of the lifeskills programme leading up to their leaving in December 2008. The facilitator also supports 8 graduates who have been living back at home since December 2006.

“ I would like to make clothes and sell them to make money. I went to Zenzele and learnt how to sew. They taught me a lot about how to cut and sew. I learnt how to make many things. Thanks to Mamelani now I have a skill I can use to make a living.”

Participant



NONOZA EDUCATION FUND

The aim of this programme is to support vulnerable primary school-going children in being able to make the best of their education. The teachers identify children who are struggling due to lack of family support and lack of financial security. Mamelani counsellors work with both the children and their parents or caregivers to ensure that the family is better equipped to cope with their situation and support their child's education.

The programme is being offered at Sakumlandela Primary School in Khayelitsha and from January 2009, was initiated at Zerilda Park Primary School in Lavender Hill. Mamelani has

partnered with Earthchild Project, a non profit organisation working in both schools. Mamelani also offered support to Chapel Street Primary from January to June 2008 by placing a social work student at the school.

At each school a counselor sees children one on one for individual counseling. Material support for school uniforms, books and food parcels are allocated, along with support for the parents and caregivers of these children. Parents and caregivers are also offered workshops and skills training opportunities. Assistance with accessing social grants also forms part of the programme.

IMPACT

Between March 2008 and February 2009 roughly 60 children were reached for counseling and support from all 3 schools. 25 parents and caregivers entered the programme and were able to access emotional support, material support, skills training and capacity building. Bomikazi Mpumi, a UNISA social work student ran a support group for 12 children who had lost their parents to HIV/AIDS.

In November, Grade 7 learners at Sakumlandela attended career guidance workshops organised by Mamelani to ensure that learners were making informed subject choices that would allow them to follow their chosen career path.

In October parents and caregivers attended a workshop on domestic violence, facilitated by Mosaic, to address the domestic violence issues being raised in sessions by the parents, that were preventing them from caring for their children. As a result of the workshop many of the parents were able to get the specialized support they needed. In September skills training courses were offered to parents and caregivers to assist them in gaining meaningful employment, another obstacle to being able to adequately care for their children. Of the 10 parents, 8 attended skills training courses such as sewing, catering and woodwork. Mamelani also facilitated a Healthy Cooking Demonstration at Sakumlandela Primary for parents in September.



Thabo with parents from Sakumlandela

SOME OF THE CHALLENGES FACED BY THE CHILDREN INCLUDED:

- children being verbally abused
- children being sexually abused
- children being neglected by parents resulting in bad behaviour at school
- single mothers who find it difficult to cope with the demands of educating their children
- Parents working long hours and not having time for family resulting in the children not having a sense of belonging/ family
- challenges due to parents who are engaged in taking drugs and drinking and neglect caring for their children.
- children neglected after their parents have died of HIV/AIDS and are not properly cared for by siblings or caregivers
- children suffering due to poverty as a result of parents being unemployed
- Lack of parenting skills leading to miscommunication and conflict.



Parents from Chapel Street Primary

CASE STUDY: CHILD HEADED HOUSEHOLDS

A 16 year old girl and her younger brother were referred to the mentor in November 2008. Their mother had passed away from HIV/AIDS and their father was unknown to them. They had been left to fend for themselves. The counsellor was obviously concerned as at the time they were living on their own. He worked hand in hand with a social worker from another organisation who has found safe homes for both of the children.

THE WAY FORWARD

During 2009/2010 we aim to develop the programme further, adapting the programme format to the different schools and communities where the programmes are based. What we have seen so far is that each school requires slightly different programmes based on their particular needs. We also hope to strengthen the component of the programme that empowers parents, as empowering the parents is essential for building stronger families who are equipped to support and develop their children's education.



Learners at Sakumlandela Primary



A MESSAGE FROM OUR PARTNER - EARTHCHILD PROJECT

Our partnership with Mamelani has grown from strength to strength. Placing counsellors at the school have been beneficial for the school and for our Project. The programme has already had so many success stories and has been an essential support to the learners. Parents from the programme have shown great commitment to working in the garden at Sakumlandela. Many learners have been

supported by Susanne and Thabo. Their passion and drive to help and support the many cases they work with is inspiring. Earthchild Project would like to thank Mamelani for the positive impact it has had on the children and families it supports and we hope to continue and grow our partnership.

**Janna Kretzmar, Director,
Earthchild Project**



Parents in the garden at Sakumlandela Primary

“I am so grateful to Mamelani for this opportunity. It was my dream to be able to cook all these different dishes and I have learnt so much from the course. I can now find work and be able to support my family. I have already started a small business from home. I am so proud of myself. Thank you to Mamelani for giving me this opportunity. You will always be in my heart and my prayers.”

Shamiema Pedro, parent

FINANCIAL REPORT

Mamelani Projects
Income and Expenditure as at 28 February 2009

	2009	2008
INCOME	963,182	664,757
Project Income	1,537	7,177
Donations received	958,664	657,227
Other Income	2,981	353
EXPENDITURE		
Administration	427,881	289,843
Accounting fees	6,889	8,503
Advertising	252	750
Bank Charges	6,482	5,541
Cleaning & Refreshments	1,326	1,845
Electricity water & rates	6,472	4,251
Insurance	3,240	2,544
Mentor Fees	10,375	
Telephone, Fax and Internet	7,559	11,621
Printing & Stationery	3,646	7,396
Rent Paid	60,000	56,600
Repairs & Maintenance	370	820
Salaries	119,308	111,542
Security	3,899	3,962
Courier & Postage	2,482	406
UIF	4,132	3,522
Depreciation – computer & motor vehicle	3,063	3,063
Loss on foreign currency		9,260
Training & Staff Welfare	6,568	6,091
Audit Fees	1,140	12,640
Eastern Cape Programme	88,830	17,242
Staff Transport & Accommodation	1,758	1,613
Donations		1,200
Computer Expenses	8,488	2,831
Fund Development & fundraising costs	76,680	13,411
General Expenses	4,922	2,882
Fines and Penalties		307
Fresha		25,851
Nonoza Education fund	79,066	6,928
Telephone	356	
Food Parcels	13,506	1,323
Salaries	48,492	
School Fees & Materials	4,261	2,588
Staff Courses	4,391	
Stationary	50	
Transport	8,010	3,017
Project Lungisela	74,743	53,390
Food Parcels	317	1,797
Salaries	23,000	31,300
Telephone	180	
School Fees	130	6,143
Transport	2,326	6,410
General Expenses & Materials	520	3,004
Staff training & courses	45,548	1,420
Camps & Outings	2,722	3,316
Wellness Programme	291,125	276,633
Food	4,350	4,030
Printing	7,371	132
Salaries	237,019	236,000
Teaching Materials	2,130	1,586
Transport	18,187	12,275
Telephone	9,350	17,510
Staff training	12,718	5,100
	872 815	652 645

SUPPORT

PRIVATE DONORS

Amnon and Illana Melzer
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WE WOULD ALSO LIKE TO THANK THE FOLLOWING PEOPLE FOR THEIR ONGOING SUPPORT:

Amy Kropman
Ben Getz, Urban Harvest
Conor Ralphs
Desrae Saacks
Daniel Fisher
Emma Brown
Gareth Rossiter
Gia Janks
Ian McFarlane, Ubuntu-Wellness Centre
Katrina van der Poll
Larissa Green, Love Green Food
Manmeet Bindra
Michel Friedman
Mike Ormrod
Nick Moser
Peter and Mandy Shrimpton, Heart of Healing
Richard Boome
Roddy Sparks
Roy and Debbie Silver
Sadie Stegman
Samantha Walt, Michelle Burt and her team at Magna Carta



WE INVITE YOU TO COME AND SEE US IN ACTION

Come and see for yourself. Meet some of the people who have benefited from our programmes and whose lives have been touched, thanks to the generous support of people like you.

Yes, I would like to be involved in working with Mamelani in creating safer and healthier communities.

Name _____

Postal Address _____

Email address _____ Telephone _____

I would like to make a donation of R_____

I would like to contribute every month. I authorize Mamelani to debit my account every month

for the amount of R_____

Name of account _____ Bank _____

Branch name and code _____ Account number _____

Signature _____

PLEASE RETURN THIS COUPON (OR A COPY) TO:

Mamelani Projects. c/o Wesley College, 20 Durham Avenue, Salt River, 7925.

Bank account name: Mamelani Projects | ABSA Bank | Account number: 4058731334 | Branch code: 632005

Fax: 086 514 3892

MAMELANI PROJECTS

c/o Wesley College,
20 Durham Avenue,
Salt River, 7925
Cape Town
South Africa

Tel: +27 21 448 2725
Fax: 086 514 3892
info@mamelani.org.za
www.mamelani.org.za