BUILDING COMMUNITY. ENHANCING WELLBEING. NURTURING RESILIENCE





Walking alongside people in their development

# Message from the Founder

At the heart of Mamelani's work lies the question of how to nurture resilience, strengthen relationships and inspire hope in individuals and communities. Now, as an organisation, we find ourselves at a turning point where we too need to think of what will contribute to our resilience and thriving into the future. This turning point comes as I have chosen to step down from my role as Mamelani's Director.

In 2003, when the seed of Mamelani sprouted in my 23 year old heart, I could never have imagined what would grow from these youthful aspirations. Fifteen years down the line, I am proud to have led an organisation that really listens to the needs of youth and women. An organisation that builds impactful programmes that change the trajectory of the lives of the people we work with and the sectors we work in. I believe that what we do is unique. It is life-affirming and has a lasting impact.

As an organisation, we have learnt so much from the people who come through our programmes and the partners that we work with. I want to thank them for letting us into their lives and organisations; for the richness and real learning that these relationships have offered us. I have also been blessed to work with an incredibly committed and deeply passionate team. I couldn't have wished for a more wonderfully crazy group of people to walk this road with! I would also like to express gratitude to the people who make up our Board of Trustees, for their contribution and presence in the life of our organisation. Mamelani's incredible story would also not be possible without the many generous funders who continue to support our work. To all of you, I say a heartfelt thank you!

The learning, connections and experiences I have had on this journey have stretched and shaped me in deeply transformative ways. Choosing to step down has been a difficult decision to make, but one that I know is right for myself, and for our organisation. It is time for the next generation of leaders to step forward.

After a rigorous recruitment process, we are excited that Gerald Jacobs, our current Youth Programme Manager, was appointed as our new Director. His time in the organisation means that he carries institutional knowledge and has built the skills and expertise at a programmatic and organisational level. His appointment also provides continuity, and stands as testament of our capacity to grow leaders from within. Those of you who know Gerald, will have experienced his integrity, passion and love for people. I feel confident to move on, knowing that the organisation will be in trusted hands.

We know that our resilience as we make this leadership transition lies in the strength of our relationships with our wider community. We hope you will continue to walk alongside us as we make these changes. I hope that your connection to and belief in Mamelani, like mine, will continue to support and strengthen our work for many years to come. Here's to new beginnings!

In gratitude, Carly Tanur Founder and Outgoing Director



# Message from Gerald, Mamelani's new Director

I am very humbled to have been appointed as Mamelani's new Director. I look forward to navigating this transition in a way that ensures that Mamelani grows and responds effectively to the challenges that Cyril Ramaphosa considers to be a new dawn. I asked one of the young people whether he had any advice for me as I prepare to take on this new role, and he said, "don't change". His response highlighted the importance of safety and continuity as central elements in supporting any change process.

Carly has ensured that Mamelani's culture of deep listening, of a reflective practice and a commitment towards building relationships is the foundation of how we do what we do. As things change inside the organisation and in our contextual reality, my hope is that we are able to build on this practice and hold to our philosophy of 'masimamelane' (of listening to each other) and that through that, we are able to see the resilience of our participants, our team and our partners – that we will be able to say 'siyakubona' (we see you).

I invite you to join me and the Mamelani team in building the resilience that we need to work collectively in today's times, and to continue to do what we do, as we walk alongside the people we serve.

Gerald Jacobs Director



**Lisa Brunton** - Chairperson (Oasis Group Holdings)

Rama Diallo Shagaya - Treasurer

(Future Focus Advisory and Coaching)

Thandi Puoane - Secretary

(School of Public Health, University of the

Western Cape, UWC)

Allan Taylor (Independent Consultant)

Baheya Najaar

(Department of Human Nutrition, University of Cape Town, UCT)

Nokukhanya Mncwabe (Independent Consultant) Sue Davidoff (The Proteus Initiative)

# Message from The Chairperson

#### Resilience through change

I write this note in a melancholic mood – we're in a technical recession which adversely impacts the poorest of the poor in the worst of ways. Donations are hard to come by notwithstanding the invaluable work of the Mamelani team to whom I'd like to dedicate these words.

What a tumultuous time you've come through – a changing of the guard which, though welcome and timely, has been challenging. Change always is. Fear of the unknown can be inhibiting – embracing it is contrary to

human nature. Yet each one of you who remains, have stood up with courage and resilience. You are holding the Mamelani ethos gently but steadily. Your work continues unabated and with enthusiasm. I'm sitting in Mamelani's office and my spirit is gradually lifting. The conversation flows with ease: laughter, comradery and commitment abound. I salute you all!

"Everyone has a purpose in life... a unique gift or special talent to give to others. When you work, you are a flute through whose heart the whispering of the hours turns to music." Kahlil Gibran

# Meet the Mamelani Team



Carly Tanur, Out-going Founding Director
Monika Edwards, Operations Manager
Linda Kaoma, Communications Manager
Cleopatra Sawuti, Community Health Programme
Manager

Nomvuyo Mbele, Community Champions Programme Team Leader

Noncedo Jikwana Mkhohli, ARV Adherence Club Coordinator

Thandiswa Blie, Community Health Facilitator Gerald Jacobs, Youth Programme Manager Leroy De Klerk, Youth Programme Team Leader Abigail Hendricks, Youth Transitions Facilitator Charlene Hill, Youth Transitions Facilitator

# Organisational Development

We at Mamelani are firm believers in organisational reflection processes and find them invaluable as they offer an opportunity for us to take stock of our work, to honestly reflect on where we are falling short and to celebrate what we are proud of. This year, these processes would prove to be even more invaluable as we used them to help us navigate the many changes the organisation would be undergoing.

During these processes we also spent time reviewing and evaluating some of the planning and reporting systems, and the Monitoring and Evaluation tools we had put in place over the last year. The objective for this was to assess whether or not we are able to draw accurate learnings and patterns from the data that we are capturing. We are making great strides in this avenue as some of the systems and tools are gathering much richer stories than before, thus assisting us in modifying our programmes to best benefit the participants. In addition to the organisational reflections, we ensured the team met once every three months for our Staff

Wellness Days to catch up and have fun as a team away from our desks and ever growing work demands.

Our Founding Director was not the only one we had to bid farewell to, we also had to part ways with Kundai Nyamutenha our Administration and Communications Officer and she will be sorely missed.

Linda Kaoma was hired as the Communications Manager in October, and in true Mamelani style, we saw her welcome as a rites of passage into the Mamelani family, and so aside from painting her face, we also spoke about what joining this family means... people shared that "Mamelani is a place where you can come as you are" and "it is a place where you can grow" — both things that make Mamelani a special place to work.

One way we grow leaders within our borders is to support our team as they pursue further learning with other institutions; Monika did an Inner Parts Constellation training with Karin Huysen, completed her training in Systems and Family Constellation and graduated as a facilitator, Noncedo has done phase one of counselling course at FAMSA, Cleo is currently doing Community Development at CEFA, and Charlene attended a Forum Theatre Workshop. Aren't we just the busiest bees?



#### Mamelani's guiding practice principles:

**Strengths -** based - working with the individual on their life path, from their perspective, at their pace, according to their priorities, building on existing strengths and connecting them with skills, resources and opportunities.

**Reflective** - increasing awareness of self, others, and the world; increasing awareness of change over time. **Responsive** - to the person's needs and priorities, to what will best serve that person in their growth and development, to the needs of the situation.

**Relational -** working together with others, as community, as peers, as fellow-practitioners, learning interdependence and developing mutual trust.

Experiential - working in ways where people learn by doing and learn collaboratively with others.

### Things to Celebrate

This year, we have seen a 20% increase in male workshop participants. It has been a challenge for a long time to include male participants so this shift is something worth celebrating. And not only are the men in attendance, they are highly engaged participants who are sharing and speaking about their fears and challenges. In one group some of the men expressed that they haven't had spaces to talk about these issues before. In another group, young men brought so much energy into the process – they were really eager to learn and talk openly about different issues.

This year has been the year of storytelling; we had two storytelling events. The first event was with staff members sharing their stories with the broader Mamelani community. The second event included six brave young people taking to the storytelling stage and sharing their own life stories! The youth told stories about their challenges, their triumphs, stories of pain and joy, and of relationships built and moments shared. These stories were compiled into a book, "Our Stories", which was launched to an enthusiastic audience at the Book Lounge. Please contact us should you want to place an order for the book. All funds generated from selling the book will go towards printing copies of the books for those who cannot afford them. For each book purchased, one copy of the book will be donated to a school, a local library or a Child and Youth Care Centre.

We are proud of the growth of the ARV adherence clubs in Kuyasa; treatment is currently being distributed to 216 HIV positive patients.

Cleopatra attended PHM strategic planning sessions. She will be supporting the organisation's work by assisting with facilitation at the regional International People's Health University (IPHU) that work with Community Health Workers (CHW) as part of their Right to Health Campaign.

The facilitators connected with Grandmothers Against Poverty and AIDS (GAPA) in Durban and are running their first wellness workshops with them now. The team is also exploring how the process we are running with the Mamelani Grandmothers who went to Durban might be able to be shared with other grannies from other organisations (like GAPA and Siyazama, both organisations working with seniors) — it's exciting to see how this area of work might grow!

# **Programme Reports**

# Promoting community health and wellbeing

It is essential that women have access to correct information regarding health, nutrition and accessing clinic services so that they can make informed choices and take action to improve their own health and the health of their loved ones. Everyone needs safe spaces where they can open up, be heard and find the support that they need to overcome the obstacles they face.

The objective of our Community Health Programme is to strengthen resilience and contribute towards community health. The programme disseminates health information, improves health literacy, strengthens agency, provides skills training, increases motivation so communities can be leaders of their own wellbeing, ensures communities have access and adhere to treatment. We do this through the Wellness Workshops and Follow-ups, ARV Adherence Clubs, the Community Champions Programme and the Masikulisane Bogogo – The Grandmothers Network.



The eight-week Wellness Workshops empower participants by improving their health literacy. These workshops become safe spaces where relationships are built, stories are shared, questions are asked and new health information is shared. Although the workshops are not specifically therapeutic, increasingly, we have seen that these workshops can be healing when space is intentionally created and trust is built. The Follow-Up Workshops are geared towards building on momentum created in the initial workshops by offering participants the chance to deeply explore personal barriers that they face and the collective ways they can address these burning issues in their lives.

In the last year we have conducted 9 Wellness Workshops and 8 Follow-Up Workshops, reaching 240 participants. Assuming that each direct beneficiary takes the knowledge gained and implements changes that affect the health and wellbeing of 5 family members, around 1200 people have benefited indirectly from the wellness programme over this time. We also had 87 people attend our annual Mamelani Awareness Day.

The development and improvement of our Monitoring and Evaluation tools has proven invaluable to the team. Not only are we able to gather more meaningful stories, we are also able to identify areas within the framework of the workshops that need to be strengthened. A major learning this year was the realisation that the workshops had to be adapted to suit some of our elderly participants. This is due to issues related to mobility and literacy, both of which hamper the participants' ability to do the kind of group work that is usually part of the workshops. What the team also noticed is how many of the participants suffer from arthritis, and how they might need to add more information regarding the causes and treatment of arthritis as part of the workshops, as the information we had included did not seem to go deep enough.

#### Testimonials from participants reflected what they appreciated about the Wellness Workshops:

"From this group I have seen that it is very good to be in contact with other people. We were very united, loving, caring, sharing and looking after each other. I've learnt that unity is powerful because people share different views and from this I have learnt new things in my life."

"In this group I felt very surprised because the young people in the group were so free, they did share all what they know from their everyday life. They didn't feel sorry for us as elders — so I was very motivated by that. They all know the importance of attending the nearest clinic and taking care of themselves. I also liked the fact that they were in the workshop and not out on the street so that they can learn new things in their lives because they are wanting to develop themselves."

"In this workshop I learnt a lot about HIV – now I have a better understanding. I was a person who was always scared of getting tested, but now I know the importance of being tested early and knowing my status. If the results come back positive or negative, at least now I know what steps I will follow."



The Community Champions Programme is a 18-month personal development process for grassroots leaders. The aim of the programme is to grow and develop Community Champs so that they can have a positive impact on the health and wellbeing of those around them. We provide personal development workshops, individual mentoring and skills training to support them in creating the change they want to make in their families and communities.

Currently, the programme is working with 14 Community Champs, and these Champs are individuals who tend to community vegetable gardens, volunteer at soup kitchens, aftercare programmes, early childhood development centres and old age homes. Our support for the Community Champions Programme is our way of strengthening these resources within the community, through supporting these committed individuals.

Since the start of the year, the team has spent time ensuring that the Champs are all in selected skills training programmes. 10 of the 14 Champs are doing a range of skills training courses including computer skills training, counselling skills training, sewing and fabric painting. Those who are not in skills training are being supported by their mentors to access opportunities. One of the Champs is a small business owner and will be receiving support to strengthen her business.

of this baggage. I call it my baggage because I've been dragging it for all these years. It feels like a load off my shoulders. Thank you Mamelani for bringing light back in my life."

"I think these kind of healing sessions must not be something that is done by only our facilitators, I think we should do this at our homes as well, our children, our families need these kinds of spaces, I think it would create healthy and happy families."

"In our culture, we grew up knowing some things are better kept a secret, you don't talk about your family secret or scandals and these are the things that grow this anger and resentment in our hearts. I think sessions like these are really healing to the soul."



The Grandmothers Network, our one-year-old intervention, supports and contributes to the resilience of a group of active and motivated grandmothers who are leading change and supporting others in their communities. This network of eight grandmothers was formed after the Mamelani team attended the Grandmothers Gathering, a nationwide gathering of grandmothers working in the space of HIV/AIDS supported by the Stephen Lewis Foundation. Very much like our Champs, the grandmothers are interested in being peer support for each other and they are focused on strengthening their own skills and knowledge so that they can share these resources with others.

The workshops provided for the grandmothers are relevant to the situations they face. This year the grandmothers valued the parenting skills workshop as it helped them tremendously with challenges with their children and grandchildren, as well as the children in their area. The grandmothers commented:

"From the parenting skills workshop, I learnt that it is never an option as a parent to give up on our children, no matter what." "From the parenting skills workshop, I have learned about open communication with our children as parents. We gained skills to mediate the conflicts that we experience in our families – to strengthen unity in our families and to bring peace in our homes."



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#### In 2017/8 we reached the following groups through the workshops:

#### Cycle 1 – March – June 2017:

Activity	Group name	Type of group	Area	Number of participants
Workshop	Siyazama Club	Senior Club	Site B Khayelitsha	18
Follow up	Sisonke	Combined organisations	Makhaza	12
Workshop	Nceduluntu	Community group	Philippi	12
Follow up	Siyaphumelela	Community group	Philippi	10
Workshop	SWEAT (incomplete)	Support group	Observatory	8
Follow up	Vukuzenzele	Community group	Marikana	12
Mamelani	-	Awareness Day	Khayelitsha	87
	Total			159 participants

#### Cycle 2 - June 2017 - August 2017

Name of	Type of	Area	Type of	Number of
group	group		workshop	participants
Nobulungisa	Senior Club	Kuyasa	Wellness	15
Senior Club			workshop	
Yakhanani	Community	Zwezwe Kuyasa	Follow up	10
	group			
Diabetes	Diabetes	Mfuleni	Follow up	13
Buddies	Club			
Mzamomhle	Senior Club	Khayelitsha	Follow up	18
Senior Club				
Imvisiswano	Senior Club	Khayelitsha	Workshop	13
TOTAL				93

#### Cycle 3 - October 2017 - Feb 2018

Name of group	Type of group		Type of workshop	No of people
Masiphathisane	Seniors Club	Site B	Workshop	12
Masimanyane	Seniors Club	Site B	Workshop	15
Imvisiswano	Seniors Club	Site B	Follow up	15
Masibonisane Soup Kitchen	Community	Makhaza	Workshop	17
Nolubungisa	Senior	Kuyasa	Follow up	15
Nokhaya	Senior Club	Site B	Workshop	15
TOTAL				75

## Supporting Youth Transitions

To move through different transitions, young people need a strong sense of who they are and what they want. They need support to build the skills and confidence to reach their goals and navigate through life as things change around them. They need safe spaces to share what they are going through with people who believe in them, who they can talk to and who they can rely on.

Our Youth Programme, ProSeed, provides learning opportunities and supportive relationships to young people who are transitioning out of Child and Youth Care Centres (CYCC), it influences policy and legislation that affects them and strengthens the capacity of our CYCC partners' ability to provide this support to youth in their care.

#### Our work with young people:

The programme offers support through experiential learning, rites of passage processes, internship and work readiness opportunities as well as individualised mentoring. Young people are connected with a Mamelani youth facilitator who then accompanies them on their journey. The work with the young people is designed to build trust in groups, to expose them to other environments, to strengthen their confidence and navigation skills, and to help them reflect on and plan for the different transitions in their lives. In the last year we have provided support to 37 young people in different phases of their transition journey.

The newest group of young people were enrolled in the programme at the beginning of the year, and it has been really exciting to watch them as they enter more fully into the programme and witnessing how at home some of them already feel when they pop into the office! Young people who have been in the programme for a longer time are making real shifts in their lives and are engaging in different ways with the new young people — it is wonderful to see!

This year's Amazing Race was really... amazing! What made it special was that for the first time ever young people from previous years were involved in the planning and facilitation of the day; this is important for forging new relationships and creating opportunities for young people to play a leadership role in the programme. We also included a team of child and youth care workers in the race; including them strengthened connections between youth and the staff who work with them at the Centres. Some feedback from the staff show the impact it had on them and their relationship to themselves and to the young people:

"Our relationship with the youth has shifted, the amazing race we did with them just changed our relationships with them, it's like they our friends now. I thought that when I started with the Mamelani process that I was going to have to listen to you, instead you came and listened to us. We are learning from each other, ourselves and the youth."













In February we ventured out in the Wilderness with one of the groups of young people. The camp was a powerful experience for everyone who was there. Leroy shared that he got a strong sense of the belonging and sense of ownership that now lives in this group. Before leaving for the camp, young people were put into groups and given budget for specific meals on the camp. They were completely responsible for shopping and cooking for themselves — and while this doesn't sound ground-breaking, for the young people it was really exciting!

The group of new young people, alongside the alumni group took part in the Impi Challenge! These superheroes completed a 10km muddy trail race with 18 obstacles in between. The day offered the young people the opportunity to support each other in overcoming some real obstacles. How wonderful – to be young, gifted and fit!

The National Association of Child Care Workers South Africa (NACCW) conference in Kimberley was a major highlight! The theme for this year's conference was 'Taking child and youth care work into a new era' and Mamelani's pioneering spirit was able to shine. We were excited to see child and youth care workers who we have worked with share their work with others, and for the first time, take the lead and present on this kind of platform. Alongside social workers, Child and Youth Care Workers and youth, the Mamelani facilitators held a powerful panel discussion exploring youth transitions from different perspectives.

#### Our work with Child and Youth Care Centres:

We are proud of the work we do providing our CYCC partners with support to strengthen their transitional support programmes. We worked with 75 practitioners through the Capacity Building process over this period. We facilitated 45 learning sessions with 8 organisations and provided ongoing support and mentoring to teams and champions in some of these organisations.

We've worked closely with the Holy Cross Team to assist them to look at the deeper questions that will help their organisation to make the necessary shifts to strengthen their work with transitions. At the Homestead, each of the Child and Youth Care Workers have chosen to facilitate a learning session each month, with the support of Mamelani, to strengthen their skills. The Homestead team is committed and has stepped into these new roles, leading from a place of strength. Although some of the centres have faced real difficulties over this period, the support that Mamelani provides has been noted as a stabilising force, helping them to move through changes. One centre commented:

"Change is not easy and there are many times that we just want to give up, but you guys come and give us hope again. We've had to take so many risks this year and it's good to know that you guys are there with us, walking with us, knowing that it's going to take time. We might only see the fruits in the future and you might not see it, but it's going to come – I want to thank you guys for helping us to be patient with ourselves and this process of change."

#### Our work in the Child and Youth Care sector:

We have been able to engage in meaningful ways with the policy formation process, through engagement with National Government and through the drafting process for the new Child Protection Policy. We have been working intentionally to raise the voices and profiles of Child & Youth Care Workers in different spaces. The team who, after much encouragement, presented their work for the first time at the NACCW conference, were able to share their work more confidently at a recent NACCW forum meeting – strengthening the confidence of Child & Youth Care Workers to lead in these spaces. We have also been working closely with Lawrence House, preparing to co-host the first of a series of practice development roundtables - to share best practice with a number of organisations. In these ways, we are building on existing relationships and experiences to strengthen the sector. We have also had some positive impact on the policy formation process.



- We were invited by National Government to give input to the concept paper that will guide "Independent Living Skills Programmes".
- We participated in the lead up discussions around the new Child Protection Policy. We were able to ensure that 'children making the transition from Child and Youth Care Centres' was noted under the list of vulnerable groups. Once they were included as a priority group, we were able to submit more detailed input into the Draft Child Protection Policy. The input was focused on ensuring that the quality of the support provided to this group is integrated into the policy at all levels (principles, programmes, staffing, funding and evaluation).
- We have also continued to engage with key stakeholders at National Child Protection Forum meetings and NACCW Regional Forum meetings.
- Lastly, we joined a group of NGOs advocating for the need for the Commissioner for Children in the Western Cape to be independent. The submission was made in November and Mamelani was one of the signatories on the joint submission.

### Reflections from Gerald

The work in the Capacity Building Process informed my answer to Linda, our new comms person, who asked how I would describe Mamelani in my own words, and the phrase that came to me was that Mamelani helps people dance with change. The capacity building process has been a real dance! One of the disheartening things for me was seeing so many people resign in the past 6 months. Just off the top of my head, I can count about 8 people who have left. I think this was hard for me because the people who left, were people we felt were champions in leading the transitional support programmes at the centres. When they left they sent emails, attached here - it was moving to read how Mamelani had impacted both their professional and personal lives, and I draw strength from the fact that they take these learning experiences with them, wherever they move on to....

"I would like to take this opportunity to thank you and the team for all that you have done for me. You really encouraged me and the team from Heatherdale to view transitional support differently. I am in awe of the way your team has impacted the Child Care sector and I know that you will continue to do so in the future. I am thankful that you believed in the work we do at Heatherdale, that you supported us in presenting at the conference in Kimberly. Those memories will stay with me for a lifetime. I know that the relationship between Mamelani and Heatherdale will definitely continue once I leave. I have cc'd Lelani and Bernard in the email so that you can contact them to set things up for next year." - Claire Jacobs, Senior Child and Youth Care Worker,

"I want to thank you for the profound impact you have had on our staff and children! It really has been a privilege to get to know you and what Mamelani stands for. Thank you for the sessions you've had with our team and for challenging our ideas of transitional support and what it really means to nurture independence. The work that you do is truly inspiring and has encouraged me so much. Thank you also for being such excellent role models for not only our children, but all the other young people you engage with." - Lelani Glover, Social Worker, Heatherdale Children's Home.

# Financial Statements

# Mamelani Projects Income and Expenditure as at 28 February 2018

	2018	2017
INCOME	3,357,131	3,719,381
Project Income		
Donations received	3,291,354	3,654,336
Other Income	65,777	65,045
EXPENDITURE		
Administration	470,008	416,138
Accounting fees	41,678	34,770
Administration	42,500	335
Advertising	7,175	10,270
Audit Fees	31,920	23,653
Bank Charges	19,554	32,413
Cleaning	27,165	25,505
Computer Expenses	4,050	10,148
Courier & Postage	2,162	1,568
Depreciation	20,566	13,328
Electricity		537
Insurance	22,284	17,001
Interest/fines and penalties	233	7
Internet	980	7,152
Phone & Fax	23,971	19,450
Printing & Stationery	13,226	8,707
Rent Paid & Security	166,269	160,569
Repairs & Maintenance	16,798	10,548
Recruitment	1,642	15,048
Staff loan written off	6,300	276
Subscriptions	450	800
Staff Transport & Travel	4,220	8,783
UIF	16,865	15,270
Organizational Davidsonant & Sustainability	191,106	176,071
Organisational Development & Sustainability	129,485	116,501
Fundraising & Sustainability	31,186	33,555
Organisational Development	11,600	10,450
Staff Development and Training		
Staff Welfare	18,835	15,565
Programme & Operational Costs	2,393,245	2,050,456
Staff Salaries	2,393,245	2,050,456
Stall Salaties	2,393,243	2,000,400

ProSeed Youth Development Programme CYCC Capacity Building Process Camps Conferences Educational Support & Bursaries Food Support & Youth Accommodation Group & Life skills Sessions Internship Support Programme Development Staff Development Telephone & Staff Transport Youth Transport	500,920 80,867 20,192 24,069 9,365 83,550 56,220 40,860 96,838 13,984 39,990 34,985	525,298 138,065 47,527 72,015 18,127 81,780 60,798 11,400 26,837 14,617 25,328 28,804
Community Health Programme Community Champions Conferences	<b>234,905</b> 74,336 20,181	<b>181,413</b> 41,750 39,400
General Expenses	19,085	10,717
Printing & Stationery	6,472	6,717
Programme Development	42,887	23,800
Staff Development	10,985	8,967
Transport	32,728	32,098
Telephone	21,122	11,556
Workshop Materials	7,109	6,408
	3,790,184 2018 R	3,349,376 2017 R
ASSETS		, R
7.552.10		
Non-current assets		
Equipment	25,003	32,118
Ber Personal	2 05 00 P 10 05 200 5	
Current assets		
Trade and Other Receivables	34,550	35,050
Cash and cash equivalents	751,183	1,195,667
	785,733	1,230,717
Total Assets	810,736	1,262,835
	A	
RESERVES AND LIABILITIES		
Reserves		
Accumulated surplus	775,638	1,208,691
	775,638	1,208,691
Current Liabilities		
Trade and other payables		
	35,098	54,144
Deferred Income	35,098	54,144
Deferred Income	35,098 <b>35,098</b>	54,144 54,144
Total Reserves and Liabilities		

# Supporters

Our work would not be possible without the generous support of our donors and Mamelani Movers!

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Patricia Johnson

Patricia Southwood

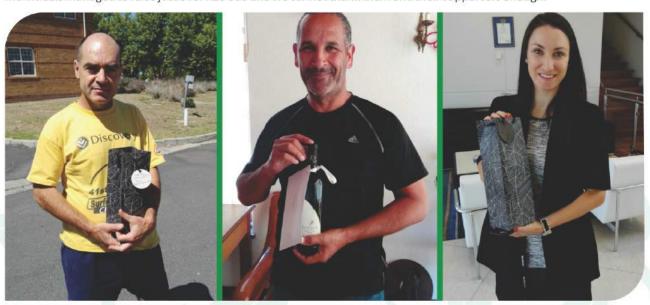
Ronnie and Denise Tanur

Ruth Odigie

The Loewenstein Family

# Thank You

A million Mamelani thank you's to all the runners who dedicated their Three Peaks Challenge to Mamelani Projects, including Steve Anderson, Isaac Korasie, Chantelle Elliott, Jim Harrington, Gavin Snell and Harry Colijn. These incredible individuals managed to raise just over R23 000 and we cannot thank them and their supporters enough.



A massive Mamelani thank you to Micah Burger, Mike Schlebach and Jason Hayes - the Top 3 Fundraisers for the Cape Town Cycle Tour 2018. Your generosity has helped us raise over R19 000.

#### **Partners**

We would also like to extend our thanks to our partner organisations – we value the relationships that we have built with you and the journey we have walked together!

#### Organisational partners:

Our Organisational Development Partners – The Proteus Initiative. Sue Soal, Lungisa Huna, Nomvula Dlamini, Anya Mendel, Lisa Cohen and James Taylor

Our training partners - UCT Department of Human Nutrition, The Children's Institute and Training for Transformation.

Our Health Programme partners:

- Implementing partners Medecins Sans Frontieres (MSF-SA), Treatment Action Campaign (TAC), Ubuntu Touch, Kuyasa Clinic and Yiza Ekhaya.
- Community partners Langa Action Community Aids Programme (LACAP), Phaphamani Sizwe, Sizakuyenza, SAHEP, Lathitha and Ithemba Labahlali, TB/HIV care, Ekhaya Ekasi, Amandla Edu football, SACLA, GAPA Grandmother's Against Poverty and Aids, Siyazama Senior Club.
- Networking partners MSAT and The People's Health Movement South Africa (PHM-SA), (WOW) Western Cape on Wellness.

#### Our Youth Programme partners:

- Implementing partners in the Capacity Building Process The Department of Social Development and the young
  people, Child and Youth Care Workers, Social Workers and Directors from Heatherdale Child & Youth Care Centre,
  The Homestead, Lawrence House, SA Child & Youth Care Centre and St George's Home for Girls, Holy Cross Child &
  Youth Care Centre, Girls and Boys Town and Home from Home.
- · Transitional housing partners Beth Uriel and Echo House.
- Educational partners School of Hope, City Mission Educational Services, U-Turn, CPUT, Northlink College and Cornerstone College.
- Experiential learning and work readiness partners Protea Hotel Garden Court, Table Mountain Cableway, Virgin Active, Cape Wheel, San Circus, Scripture Union, Bidvest Car Rentals.
- Networking partners The National Association of Child and Youth Care Workers (NACCW), CYC-Net and the Western Cape Collaborative Network of Youth Organisations (WC -CNOYO).

# Thank you

for taking the time to read this report and for your ongoing support of our work!

Mamelani Projects is a Non-Profit Organisation

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Mamelani Projects

To make a contribution to Mamelani Projects, you can make a direct donation via snapscan.



Via our website. Please use the link below: http://www.mamelani.org.za/get-involved/donate/

Or make a payment directly to our bank account.

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