



BUILDING COMMUNITY. ENHANCING WELLBEING. NURTURING RESILIENCE



**MAMELANI
PROJECTS**

Walking alongside people in their development

Message from the Director

As we step into our 15th year as an organisation, I am aware that so much has changed since the organisation's inception. At the time, the organisation's name was inspired by the isiXhosa phrase 'masimamelaneni' which means 'we must listen to each other'. We believe that it is through listening to each other that transformation is possible. Our current times call for this kind of listening now more than ever.



The challenges faced in South Africa today are multi-layered and deeply rooted in our country's history. Poverty and trauma are inter-generational realities that are only being compounded by the current political climate. The pain and anger associated with these realities are surfacing in ways that ask for the deepest kind of listening. Can we slow down to hear what is being asked of all of us now, particularly when the intensity of all that is happening leaves us feeling like we must move faster, reach further and do more?

We have grappled as an organisation with how to extend our reach and create shifts in the wider systems that we work in – to create the change that we feel is needed - but to do this intentionally, without diluting the quality of what we do. This is a challenge faced by the NGO sector at large and is a mark of our times where so much is short-lived and bite sized. Given the intersectionality of the issues we are faced with and the multiple areas that are needing attention, it is essential that we work in ways that build a sense of connection, inter-dependence and understanding. At the heart of our work is a belief that change is possible where relationships are real and strong. In order to do the work out there of creating spaces where these kinds of relationships can grow, we have needed to remain observant of the ways in which we interact inside the organisation, and whether this enables or limits our capacity as a team to build these kinds of relationships out there in the world.

I am deeply grateful for these relationships and for the way in which the people who have participated in our programmes have let us into their lives. I am blown away by the resilience, courage and strength that lives in the circle that has grown around our organisation over the years and it fills me with a sense of hope, wholeness and possibility for regeneration – qualities that are deeply needed in today's times.

As the years pass, we as a team continue to work intentionally to deepen our understanding of what really contributes to lasting change in the life of an individual, an organisation, a family, a community and ultimately our shared reality, and to build our capacity to make our best contribution as a relatively small but big hearted organisation. With thanks to our families, to the board and to all who support our work and make this striving possible.

With gratitude,

Carly Tanur

Message from the Chairperson

What dark and sombre times we live in! News headlines tell stories of extremist and racist ideologies; divisive political games; unbelievable corruption; mass displacement; poverty and war. In South Africa, circumstances are exacerbated by ever-increasing unemployment; violent crime against women and children; financial inequality and political instability.



The story of Mamelani is all the more remarkable within this fractured context. Mamelani started as a little seed of hope and desire to serve the community in 2003. It germinated and grew, nourished by the strong relationships it forged along the way. It weathered storms of every variety – financial hardship; difficult relationships; ill health – growing more resilient through each encounter. Its logo could not be more apt.

Throughout the arduous journey, it garnered scars and accolades alike. The scars – marks of the courage and resolve of the members of Mamelani's remarkable team – are worn with pride on the trunk of the tree that is its logo.

The accolades provide growth spurts, which nurture the strong culture of service that permeates all Mamelani's endeavours. One such accolade, awarded during this financial year, bears mention. Mamelani was named a Gold Award winner of the 2016 Department of Social Development's Youth Excellence Awards for its outstanding work with young people transitioning from Residential Care. The DSD Youth Awards event is a celebration of youth development organisations from across the Western Cape Province that have demonstrated an outstanding commitment and contribution to the lives of young people.

I am humbled and honoured to serve on the Mamelani Board and privileged to say that I have witnessed its growth from a little seed to the majestic, young and supple tree it is today, providing shelter, support, guidance and inspiration to innumerable members of the community.

Mamelani's story is itself, a lesson in resilience. Indeed, reflecting on the fractured world in which we live, Mamelani stands unbroken - a tree of hope that has survived trials and thrived through spontaneous right action. Through helping those in need to help themselves; it is gradually replacing fear, shame and helplessness; with courage, integrity and interdependence. This is the ultimate form of charity.

I would like to close my message with a line from a Leonard Cohen song: **"There is a crack, a crack in everything. That's how the light gets in"** – for me, Mamelani is the light shining through the crack.

Lisa Brunton
Mamelani Chairperson

Meet the Mamelani team

Staff

Carly Tanur, Founding Director

Monika Edwards, Operations Manager

Kundai Nyamutenha, Admin and Communications Officer

Cleopatra Sawuti, Community Health Programme Team Leader

Nomvuyo Mbele, Community Champions Programme Team Leader

Noncedo Jikwana Mkhohli, ARV Adherence Club Coordinator

Thandiswa Blie, Community Health Facilitator

Gerald Jacobs, Youth Programme Manager

Leroy De Klerk, Youth Programme Team Leader

Abigail Hendricks, Youth Transitions Facilitator

Charlene Hill, Youth Transitions Facilitator



Board of Trustees

Lisa Brunton, Chairperson,

Cliffe Dekker Hoffman

Rama Diallo Shagaya, Treasurer

Future Focus Advisory and Coaching

Thandi Puoane, Secretary

School of Public Health, UWC

Allan Taylor, Independent Consultant

Baheya Najaar, Department of Human

Nutrition, University of Cape Town, UCT

Nokukhanya Mncwabe, Independent Consultant

Sue Davidoff, The Proteus Initiative

Organisational Development

Expanding our team:

There have been some changes to our Board of Trustees in the last year. In 2016, we said farewell to our Treasurer Richard Rayne and Trustee, Melanie Alperstein, both whom have served on the board since 2010. We are so grateful to them for their on-going commitment and for the positive contribution that they made to the organisation's growth. At last year's AGM, we welcomed Rama Shagaya Diallo as our new treasurer and Nokukhanya Mncwabe as our newest Trustee.

In this last year we also welcomed two new staff members - Abigail Hendricks, as our new youth facilitator and Noncedo Mkhohli Jikwana, as our ARV Adherence Club Coordinator.

Strengthening our organisational practice:

In the last year we have been refining and adapting the new M and E framework that we developed to ensure that we monitor and capture our work in a way that improves the quality of what we do, deepens our understanding of what contributes most to the impact we are having and best captures stories from the field. As part of this we developed a set of practice principles that guide our work. Articulating these principles has allowed us as a team to work from a shared practice and build a coherent organisational culture.

DSD Gold Award

Mamelani was named a Gold Award winner of the 2016 Department of Social Development's Youth Excellence Awards. The DSD Youth Awards is a celebration of youth organisations from across the Western Cape who have demonstrated an outstanding commitment and contribution to the lives of young people. The awards are used to highlight best practice and showcase innovative and impactful youth development projects. Mamelani's ProSeed Youth Programme was selected in the Gold Category for its work with Youth in Transition from Alternative Care.

Mamelani's guiding practice principles:

Strengths-based - working with the individual on their life path, from their perspective, at their pace, according to their priorities, building on existing strengths and connecting them with skills, resources and opportunities.

Reflective - increasing awareness of self, others, and the world; increasing awareness of change over time.

Responsive - to the person's needs and priorities, to what will best serve that person in their growth and development, to the needs of the situation.

Relational - working together with others, as community, as peers, as fellow-practitioners, learning interdependence and developing mutual trust.

Experiential - working in ways where people learn by doing and learn collaboratively with others.



Programme Reports

PROMOTING COMMUNITY HEALTH AND WELLBEING

It is essential that women have access to correct information regarding health, nutrition and accessing clinic services so that they can make informed choices and take action to improve their own health and the health of their loved ones. Everyone needs safe spaces where they can open up, be heard and find the support that they need to overcome the obstacles they face.

Wellness Workshops

Our Community Health Programme provides safe spaces for people to learn more about their health. Although health education lies at the heart of the programme, the focus of the programme goes beyond simply the sharing of essential health information. The wellness workshops offer a safe space where relationships are built, where stories are shared and where people can ask questions, get access to new information and talk honestly about their health challenges. The follow-up workshops offer participants the chance to explore the personal barriers that they face and the collective ways they can address these burning issues in their lives.

In the last year we have conducted 16 Wellness Workshops and 6 follow up Workshops, reaching 295 participants. Assuming that each direct beneficiary takes the knowledge gained and implements changes that affect the health and wellbeing of 5 family members, around 1500 people will have benefited indirectly from the wellness programme over this time.

Many of the groups that were trained in the last year had come forward to request the training, showing that previous participants valued the sessions and had spread the word. The groups have been engaged, with members who are active in their community, including people who are volunteers at local crèches and clinics. This has resulted in really exciting and vibrant sessions as participants were really invested in the learning process. Participants have shared sensitive information, a sign that trust has been built in the groups. One interesting thing that we have noticed is that there is a higher number of men participating in the workshops! We are always looking for ways to include more men in the programme – so it is a good sign that there were men present in 5 of groups in the last year. The real impact of the workshops is best expressed in the voices of participants:

“I have learned a lot of new things... my father has Diabetes but I did not know much about this disease, now I have all the information I need to take care of him. Sometimes I would get angry with him when he would pee himself, but now that I've learned more about this disease - I understand that he cannot control it. I always thought this was a disease for older people but now I have also learned that I can also be at risk. Since getting this information I have started to take better care of myself - I want to be a role model with my kids so they can see that I have changed and chosen a healthy lifestyle so I can live longer and be there for

“I enjoy this space because we feel safe and we trust our facilitator that when we disclose our status or talk about our problems she won't talk about it to other people and she won't judge us.”

“I am well informed about the different types of TB. At our clinics, they don't get enough time to explain how and why people are infected with MDR and XDR-TB and how dangerous it is. I am willing now to volunteer to do talks in our clinics because I know it will be easy to share the information I learned from the wellness workshop.”



Community Champions

The Community Champions Programme supports grassroots leaders to grow and develop interventions to have a positive impact on those around them. On the 8th of August, we launched the next round of Community Champions! The recruitment process was selective to ensure the participants applying are seeking the particular kind of support that we are offering. Once selected, Community Champions attended a 3-month personal development process.



Amongst the group there of champions are participants who tend to community vegetable gardens, volunteer at soup kitchens, aftercare programmes, early childhood development centres and old age homes. Our support for the Community Champions programme is our way of strengthening these resources within the community, through supporting these committed individuals.



In the last half of the year, we conducted the personal development workshops. The sessions uncovered individual and community strengths and assets. The session that looked at role models was a powerful session. We noticed that participants didn't identify people out there as their role models, but identified people in their own communities and even identified some of the participants in the group as their role models! It was honouring and humbling for some of them to be identified as role models by their own peers. The validation and recognition that they are making a difference in other's lives really did something for their self-worth! The Champions shared how they felt about the process using an isiXhosa phrase 'sizophekwa apha' meaning 'we are here to be cooked'. This reflects the growth process they were moving through to become stronger resources for the people they are working with. The sessions were emotionally intense as people shared the challenges they were faced with. Having the support of the other Champions was important for group members. Facilitators noted that even though the participants face many difficulties in their work, they really love what they do! The importance of this healing space was reflected in the feedback that the Champions shared.



"I think these kind of healing sessions must not be something that is done only by your facilitators, I think we should do this at our homes as well, our children, our families need these kinds of spaces, I think it would help to create healthy and happy families"

"In our culture, we grew up knowing some things are better kept a secret, you don't talk about your family secret or scandals and these are the things that grow this anger and resentment in our hearts. I think sessions like these are really healing to the soul."

and affirmed for the contribution that they make. The time away was seen as a real gift as many of the Champions work tirelessly in their communities, and rarely take the time to celebrate and nourish themselves! The time away created space for them to reflect on their journey with Mamelani and acknowledge their growth over this time.

Community champions continued.

From the start of this year, we have been offering one on one mentoring to each of the Champs to build on their vision and strengthen their interventions. The team spent time relooking the mentoring approach that we use to ensure that we make necessary improvements in this round. Feedback regarding the process so far demonstrates what the individuals have valued:

"All the skills I have accumulated from Mamelani, I'm going to use them in my community, I have already been working with community people for some time, but now I feel strong enough to do more."

"Things like these are very rare in our communities, where you are given a space to grow and learn - for me this is an opportunity to play and even bigger role in my community"

"I am looking after orphans that are my grandchildren, their parents died of HIV/AIDS, I have learnt that I need to be open and honest about the cause of their parents' death, to prevent anger in their lives."

Community Adherence Clubs

The Community Adherence Clubs provide community-based treatment distribution to HIV positive patients. Through our partnership with MSF and Kuyasa clinic, patients are now able to access treatment on a bi-monthly basis outside of the clinic system. This lowers pressure on the system and also allows them to access treatment through a 45-minute meeting in a place that is close to their home, instead of needing to travel to the clinic and wait a full day for monthly treatment. So far, we have had a high rate of adherence by the members coming to the groups. In February we appointed a part-time community health worker - who is also a former Community Champion - to assist with recruitment at the Clinic. She has already recruited 90 community club members who are receiving treatment through this project.

Community-based adherence clubs form part of the Department of Health's integrated strategy to better utilise the clinic's limited resources. The Minister of health recently shared that as part of the NHI pilot sites, the Department has selected key priorities to focus on. The first priority was improving the filing system, and the second was increasing the number of community clubs! We are really excited to be pioneering this work that contributes to lowering the pressure on our already overstretched public health system.

Grandmother's Gathering

A highlight of 2016 was the Grandmother's Gathering where three hundred grandmothers from across South Africa participated in an unprecedented National Grandmother's Gathering in Durban in the lead up to the International Aids Conference. This incredible gathering was supported by one of our long-standing funders, the Stephen Lewis Foundation, who had envisioned this gathering as a way to honour the important role that grandmothers play in the lives of those infected and affected by HIV. The Mamelani team traveled with 8 grandmothers who we have worked with to participate in the event which offered them an opportunity to speak up regarding the issues that they face in caring for their loved ones, to attend a range of workshops on different topics that interested them and to co-create a powerful call for the provision of their human rights and the protection of their grandchildren's futures! Mamelani was one of the partners who participated in the lead up events.



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We are grateful to the Foundation for this incredible opportunity and for the important contribution that they make to the fight against HIV/AIDS in South Africa.

“As a granny who is taking care of my grandson from the age of 3 years, I was worried how I am going to tell him about his mother’s death. It felt quite scary for me to tell him she died of AIDS but now I am well equipped. I thank Mamelani facilitators with their warmth, respect and support. They made us feel confident, willing to share our stories in our groups.”

The Grandmother’s Network - our newest intervention - supports this group of active grandmothers who are leading change and supporting others in their communities. The group of grandmothers returned from the gathering with a strong desire to remain connected and to find ways to strengthen themselves as a group. We have met with them since to explore what it is they are hoping to achieve. They have chosen the name “Masikhulisane Bogogo” which means “Let us grow together”. The group want to focus on strengthening their own skills and knowledge so that they can share these resources with others. The group will continue to meet and support one another to continue to do the important work they are busy with in creating change in their communities.

Mamelani Health Awareness Day!

The team held an Awareness Day in Khayelitsha on the 25th November 2016 and was attended by 87 people who were part of the workshops.

Nutrition Conference

The team attended the UWC nutrition conference to share information on Mamelani’s work. The team were also lucky enough to attend the South African People’s Health University (SAPHU) and the National Health Assembly, both events organised by PHM-SA.



Memorable Moments

Mamelani’s programme featured on PBS NewsHour

Mamelani’s health programme was featured as part of an insert on community health workers on PBS NewsHour – a leading news channel in the USA! The insert looked at how City Health Works - a Community Health Programme in Harlem – has drawn lessons from Mamelani’s Programme in South Africa. We are grateful to Jason and the Team from NewsHour for the time that they spent with us and to Manmeet and the City Health Works team for their continued partnership.

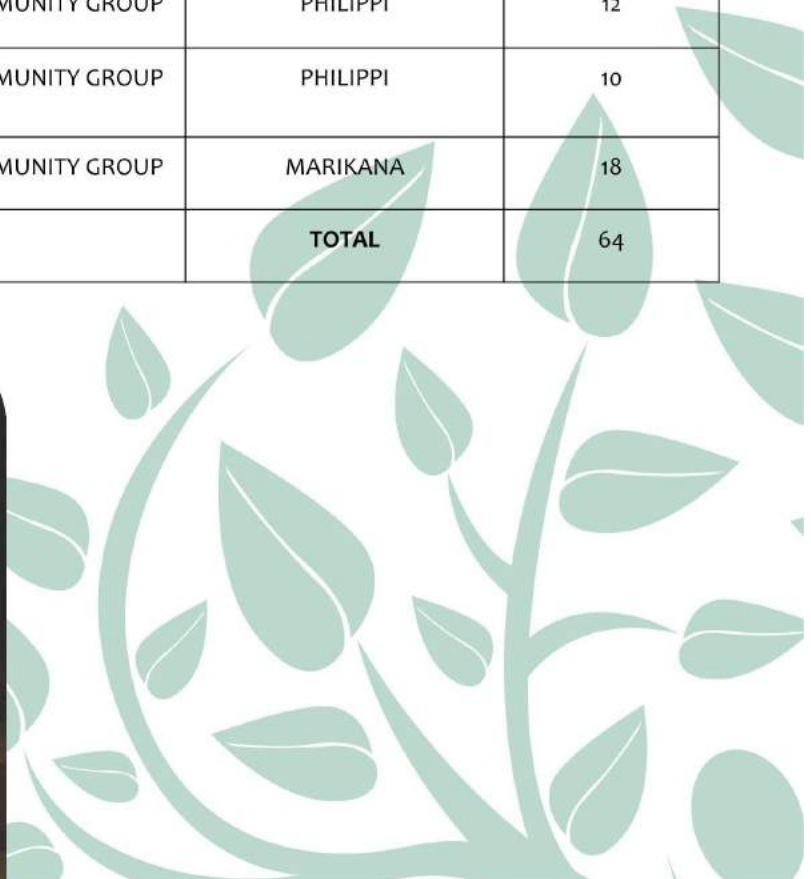
In 2016/17 we reached the following groups through workshops

**1st
cycle:**

ACTIVITY	GROUP NAME	TYPE OF GROUP	LOCATION	NUMBER OF PEOPLE
WORKSHOP	VUKUZENZELA	COMMUNITY GROUP	MARIKANA LOWER CROSSROADS	15
WORKSHOP	SISONKE	COMBINED GROUP	MAKAZA	8
WORKSHOP	MASIVANE	COMMUNITY GROUP	NEW CROSS ROADS	12
WORKSHOP	LATHITA WOMANS GROUP	SEWING GROUP	SAMORA MACHEL	21
WORKSHOP	PHILIPPI GROUP	COMMUNITY GROUP	PHILIPPI	12
WORKSHOP	CEBOLETHU	COMMUNITY GROUP	SAMORA MACHEL	18
			TOTAL	96

**2nd
cycle:**

ACTIVITY	GROUP NAME	TYPE OF GROUP	LOCATION	NUMBER OF PEOPLE
WORKSHOP	SIYAZAMA	SENIOR CLUB	SITE B KHAYELITSHA	18
FOLLOW UP WORKSHOP	SISONKE	COMBINED GROUP	MAKAZA	12
WORKSHOP	NCEDULUNTU	COMMUNITY GROUP	PHILIPPI	12
WORKSHOP	SIYAPHUMELELA	COMMUNITY GROUP	PHILIPPI	10
FOLLOW UP WORKSHOP	VUKUZENZELA	COMMUNITY GROUP	MARIKANA	18
			TOTAL	64



3rd
cycle:

ACTIVITY	GROUP NAME	TYPE OF GROUP	LOCATION	NUMBER OF PEOPLE
WORKSHOP	TOGETHERNESS	HIV SUPPORT GROUP	KUYASA	13
WORKSHOP	KANYISA	COMMUNITY GROUP	PHILIPPI	8
FOLLOW UP WORKSHOP	SIYAZAMA SENIOR CLUB	SENIOR CLUB	KHAYELITSHA	12
FOLLOW UP WORKSHOP	NCEDULUNTHU	COMMUNITY GROUP	PHILIPPI	12
WORKSHOP	SAKHA UBUZWE	COMMUNITY GROUP	PHILIPPI	10
WORKSHOP	MASAKANE	COMMUNITY GROUP	KOSOVO	12
			TOTAL	67

4th
cycle:

ACTIVITY	GROUP NAME	TYPE OF GROUP	LOCATION	NUMBER OF PEOPLE
WORKSHOP	DIABETES BUDDIES	SUPPORT GROUP	MFULENI	18
WORKSHOP	BONISANANI	COMMUNITY GROUP	KUYASA	18
FOLLOW UP WORKSHOP	SAKHA UBUZWE	COMMUNITY GROUP	PHILIPPI	10
WORKSHOP	MZAMOMHLE	SENIOR CLUB	KHAYELITSHA	14
FOLLOW UP WORKSHOP	KHANYISA	COMMUNITY GROUP	PHILIPPI	8
			TOTAL	68



SUPPORTING YOUTH TRANSITIONS

To move through different transitions, young people need a strong sense of who they are and what they want. They need support to build the skills and confidence to reach their goals and navigate through life as things change around them. They need safe spaces to share what they are going through with people who believe in them, who they can talk to and who they can rely on.

Our Youth Development Programme provides learning opportunities and supportive relationships to young people who have grown up in Child and Youth Care Centres, and to the adults who work with them, so that they can make a smoother transition towards adulthood when they leave residential care.

We do not work with young people in isolation. Central to our work is intentionally growing the practices that support young people who are transitioning from alternative care, as well as advocate to strengthen legislation that impacts on the lives of these young people.

“Mamelani gives people hope and that is so important because people lose hope when they are not supported. It gives guys leaving the children’s home an opportunity of making something different of our lives and not having excuses.”

Our work with young people

The ProSEED Youth Programme offers support through experiential learning, rites of passage processes, internship and work readiness opportunities as well as individualised mentoring. Each young person is connected to a Mamelani youth facilitator who accompanies them on their journey.

In the last year we have provided support to 36 young people in different phases of their transition journey. The work with participants is designed to build trust in groups, to expose young people to other environments, to strengthen their confidence and navigation skills, and to help them reflect on and plan for the different transitions in their lives. Some of the experiential activities have included:

Visits to educational institutions and facilitated conversations with enrolled students who can answer young people’s questions about their educational journeys. This assisted young people to do pathway planning for the educational goals they had set for themselves. These sessions were important for young people to get a better understanding of their options – both in terms of courses and financing their studies. The levels of education amongst the group is varied – and so exploring options that would address their different needs was essential. Facilitators tasked the group with speaking to one person in their lives about how they reached their career goals. Igniting these sorts of conversations helps to build relationships and assists young people to step out of their comfort zones.

“Mamelani people are little bit crazy, but that is what I like about them – they challenge you and encourage you to step out of your comfort zone. This has helped me a lot to learn new things about myself and improve my confidence. I could never be so open about my feelings as what I am now.”

Sessions that assist young people to engage with change and transition. Facilitators took young people on a hike and used the metaphor of a journey to reflect on the ups and downs that they face. It assisted in unpacking feelings about the change process that they were moving through. In another session, facilitators explored the metaphor of a butterfly as an image of change. Young people resonated with the story of the butterfly, sharing that it helped them to relate to their own story. The activity encouraged them to share their experiences and provided the group with an opportunity to learn from each other, realising that they were not alone in navigating their transitions.

“You know when you grow up in the children’s home, some people treat you like you are poor and they make you believe that you are poor by doing everything for you. When I came here to Mamelani and people were trusting me to do things on my own - it was like they didn’t see me as poor but as somebody who CAN do things for himself.”

Surfacing the shift from receiving support to taking the lead in their lives. The group of participants who were coming to the end of their time in the programme explored ways in which they could take the lead in their lives and play a different role in the programme. The young people expressed the desire for to be more involved moving forward - to work alongside the staff in supporting other young people, for example co-facilitating camps processes, group sessions and providing practical support for other young people. This is a positive progression in the programme – something we have been excited to explore further with participants.

To mark this shift, facilitators changed the format of the final camp process, deciding to rather take the group on a road trip to mark their transition into this new role. The road trip was a roaring success. Young people shared their excitement about what a meaningful process it had been. The highlight was arriving at the final destination, Bloukraans Bridge, where young people were challenged to do the world’s highest bungee jump as a representation of the courage and strength they hold and to honour the capacity they have built to face their fears and step into uncertainty. The jump would quite literally mark the leap into this new chapter of their lives. On the road trip, facilitators used every aspect of the journey to reflect on the nature of moving through transitions. The drive, the land and the people encountered along the way were all seen as learning opportunities. Strengthening young people’s capacity to engage with others and ask for what they need are essential skills and the road trip was a real world space in which to develop these skills.

Strengthening networks of support: Facilitators have seen the benefit young people gain from interacting with other young people who go through similar experiences. The team have created informal

hang-out opportunities through movie screenings at the office and team-based endurance events. Participants from the different years in the programme were invited to join a team to participate in the Impi Challenge, a 10km endurance race. The race day provided the opportunity for young people to rely on each other for encouragement and support. The day was physically and emotionally challenging and it offered the youth a platform to showcase their fitness levels and work as a team. These sessions are part of a broader intention to widen young people’s network of support, build relationships and provide the space for older youth to step into supportive roles for younger youth who are just entering the programme.



Our work with Child and Youth Care Centres

Since 2013, through a partnership with the Department of Social Development, we have been facilitating A Learning and Development Process for the staff from 7 Child and Youth Care Centres (CYCCs) in the Western Cape. The intention of this process is to co-create transitional support interventions for the young people in their care. Through this process, we have been able to grow an awareness and understanding of the need for transitional support programmes in the child and youth care sector and to explore the practices that support the positive development of young people who have lived in Alternative Care.

"Mamelani moved our focus from what is needed to how it needs to be done. Our youth now see the value in transitional plans and can see what's in it for them – they're buying in, participating and actively engaging with us as to their future plans."

1st Round of the Capacity Building Process

In 2013 we began working with 5 CYCCs and we have continued engaging with a core group from these Centres. During the year, this group met to continue to develop new ways of engaging with young people, which often involves stepping out of one's comfort zone. In one of these sessions, we asked the group whether anyone would be open to taking the group – right there and then – to the community where they grew up. One of the child and youth care workers volunteered to take the group to Hanover Park, her community of origin. The group walked through the streets of Hanover Park as the child and youth care worker shared some of her personal stories. Many of her friends and neighbours came out to speak to the group about the reality of living in the area. One man pointed out the gun shots next to his front door - remnants of gang fighting in the community; another older man was spotted singing loudly from his home. He later shared stories about his love for Jazz. More and more people came out of their homes when they saw the group to share their stories of both pain and resilience. As a team, we were engaging with the unknown, uncertain of how the process would unfold.

At the same time, the child and youth care workers were confronted with stepping into a situation that was unfamiliar to them. When we debriefed the day, the child and youth care workers reflected on how young people are often expected to step into similarly unknown environments, and it was helpful for them to have moved through all the emotions that these kinds of experiences elicit. The care worker who was brave enough to step forward and lead the way said that she was proud to have shared her story. She also shared that she could see how doing a similar activity with a young person, allowing them the opportunity to take her to their community of origin, could be a powerful experience!

Towards the end of 2016 we had engaged with the group to reflect on what was shifting for them and to envision a collaborative way forward. They expressed the desire to remain connected as a group, but expressed wanting the purpose of the group to shift. They wanted it to be a space where they could be supported to take the lead, inside of their organisations and also in other spaces. Aside from the learning days over the last year, we have continued to mentor and support the Champions at each Centre to build these practices and transitional supports within their teams.

Aside from the support we have provided to the group as whole, we were also invited to provide tailored interventions at 2 of the Centres from the initial group, The Homestead and Lawrence House.

Our work at the Homestead has been focussed on working with the team at the Launchpad (The Homestead's Transitional Unit) to strengthen the work that they are doing with the young people who stay there. The sessions highlighted the team's strengths, explored how to work effectively with risk and challenge, and how to intentionally involve young people in different processes.



We were really excited by the Amazing Race Day organised by the staff team and really moved by the storytelling session that was held by one of the child and youth care workers. Both are examples of ways in which teams are drawing on their strengths and working experientially to create spaces where young people can open up and share authentically.

The work that has been facilitated at Lawrence House has focussed on transforming the CYCC to a Youth Development Centre. The process has been focussed on strengthening relationships within the team and exploring how identity influences how staff members engage with one another and with young people. The team has expressed that the process has been really powerful in bringing them together and understanding each other's cultures and ways of being. The team have also explored ways in which they can shift the protective practices that are characteristic of 'care institutions' and move towards practices that reflect those of a developmental and youth-led organisation.

2nd Round of the Capacity Building Process

In April of 2016, we extended the programme to work with another 4 Child and Youth Care Centres and one organisation that runs cluster foster homes. We have endeavoured to implement lessons learnt in the first round of the process and have therefore adapted some aspects of our intervention. We chose to initially build relationships within each organisation and take time to unpack the understanding the whole organisation has of the intervention. Once this foundation had been laid, we could then begin the learning process with a more selected group or core team from each Centre.

It was helpful to bring teams within each organisation around the table so that once learning inputs were shared and the design process had started, there was more of a shared understanding of the intention and format of the process. Two of the Centres experienced internal difficulties and high staff turnover during this phase and therefore creating this shared platform was more difficult. We have therefore put the next phase of the process on hold with these 2 Centres as experience has shown us that without this common ground, it is extremely difficult for the learning process to take root.

Holy Cross Children's Home is one of the CYCCs that was part of this round. The work with them has involved a range of staff members from across the organisation. To start the process in a way that brought everyone together, we chose to cook a potjie with the whole organisation, asking each staff member to bring something to add to the pot.

This exercise helped to surface dynamics between teams, highlight how each person has something unique to offer and reflected the 'slow cooking' and participatory approach that is central to the process. The focus of the sessions with the core team has been on unpacking a strengths-based approach and exploring how to draw on existing team strengths to build the transitional support programme.



The process of highlighting and building on their own strengths has created a deeper understanding of the value of a strengths-focused approach with the young people. The team is building a shared understanding of youth development practice and has started to incorporate this into the daily life of the Centre.

The process with the Home from Home team has been structured differently to meet the needs of the organisation. Tailored inputs were offered to social workers, foster mothers and to the programme team to explore the ways that they understand the needs of young people making the transition from their cluster foster homes. The process explored how the staff can reflect on their role in the life of the young person and their role in the organisation as a whole. Working with them has stretched the Mamelani team as we explore what it means to support young people who have grown up in foster care and not in residential CYCCs.

"I can see how much time I have spent working on issues with foster mothers in relation to the young people and how there is sometime the dynamic of foster mothers expecting us to step in and solve problems. I have been thinking about what it takes to position myself as a support to the foster mother so that she can step forward more fully to attend to the needs of the young people - how as I shift my practice, I need to bring the other people in the lives of the young people along with me, and I am seeing that requires time and intention."

"The idea of interdependence is filtering into the IDP process – I am thinking more about how to bring other people into the young person's life so that they have more people to rely on once they leave Home from Home."



Lobbying And Advocacy

We have extended our work more recently into the lobbying and advocacy space, seeking to build a community of practice that works collaboratively to support youth in transition and also to influence legislation that impacts on the lives of the group of young people that we work with. In the last year we continued to engage with relevant spaces where the Children's Act amendment process was being debated and also where the new Child Protection Policy was being developed. We also gave input at the National DSD Child Protection System Review where we were encouraged to see how transitional support is far more visible of the agenda. Mamelani was invited to give input as a technical expert around the issue of the WC Children's Commissioner. Gerald was selected to be part of the National Association for Child and Youth Care Workers (NACCW) national leadership team. In May, he spent 3 days in Johannesburg at a meeting organised by the NACCW to discuss 'Advocacy in the context of democracy towards children's rights'. We are grateful to Empower for their support in this area which has enabled us to work in partnership with the Children's Institute to strengthen our skills and knowledge in terms of engaging with the policy formation process.

Memorable Moments

Young people represented at Geneva Alternative Care Conference

In October Gerald (our Programme Manager) travelled to Geneva to attend The International Alternative Conference along with Carly Jacobs and Waydene Peterson, two of the Proseed youth participants. It was a wonderful opportunity to make new connections with people that we hope will be the seeds of international collaborations and partnerships in the future. We were grateful to be part of conversations that are on the cutting edge of the care, protection and development of children globally. It was really important to us that young people were present at the conference – to share their own experiences and ideas and to demonstrate our genuine commitment to having young people's voices influencing the issues that affect them. Upon their return, Carly and Waydene shared their highlights from the conference with child and youth care workers at a NACCW forum meeting. We want to extend our thanks to the World Childhood Foundation for making the trip to Geneva possible!



Mamelani's work shared through different platforms in Gauteng

Mamelani was invited to present our Youth Programme at the Gauteng Alliance for Street Children conference in March. We were also invited to participate in a seminar sharing research and practice on Careleaving in South Africa with researchers, including the Girls and Boys Town Research team and Prof. Adrian Van Breda from the University of Johannesburg.

NACCW mini-conference presentation

Mamelani was invited to make a presentation at the NACCW mini-conference. We decided that we wanted the programme to speak for itself – and so we asked one of the child and youth care workers and one of the young people to join us to share our work. Lewis Kalombo, one of the Proseed participants, spoke about his transitional journey and highlighted the experiences that really helped him to prepare for life after care. Mogamat Ludolph, a child and youth care worker at Heatherdale Children's Home, spoke about his experience of the Mamelani process and of the ways in which it has helped him to shift the way he engages with young people. He shared stories of how he is marking milestones and transitions with the children he works with in simple but intentional ways, and how this is helping the groups he is working with to see their own growth. He also spoke about how he has learnt to let go and let the older youth take risks and learn things for themselves instead of saving them. It was really good to share this platform with him especially, because the conference is aimed at child and youth care workers, but it is rare that child and youth care workers are the ones presenting their experiences.



We believe in the power of personal storytelling and the power of young people! We are excited to be compiling a book of stories that are told by young people in our programme. The stories reflect the transitions that they have moved through, the decisions they have taken, the obstacles they have overcome and the important lessons that they have learnt that they would like to share with other young people.

Mamelani has been working with the Department of Health's 'Western Cape on Wellness' initiative to develop a low-cost cook book full of healthy recipes. Participants in the Wellness programme have been invited to share their ideas so that the cook book includes commonly used recipes, local foods and culturally and contextually appropriate ways of preparing meals.



Walking alongside people in their development

Gallery



Financial Statement

Mamelani Projects
Income and Expenditure as at 28 February 2017

	2017	2016
INCOME	3 719 381	3 581 696
Project Income		
Donations received	3 654 336	3 551 343
Other Income	65 045	30 353
EXPENDITURE		
Administration	416 138	372 003
Accounting fees	34 770	34 932
Administration	335	4 500
Advertising	10 270	3 039
Audit Fees	23 653	18 361
Bank Charges	32 413	23 099
Cleaning & Refreshments	25 505	20 409
Computer Expenses	10 148	11 609
Courier & Postage	1 568	2 182
Depreciation	13 328	17 633
Electricity	537	
Insurance	17 001	12 532
Interest/fines and penalties	7	3 901
Internet	7 152	
Phone, Fax and Internet	19 450	25 313
Printing & Stationery	8 707	10 725
Rent Paid & Security	160 569	150 463
Repairs & Maintenance	10 548	11 202
Recruitment	15 048	
Staff loan written off	276	1 100
Subscriptions	800	700
Staff Transport & Travel	8 783	3 526
Theft		3 000
UIF	15 270	13 777
Organisational Development & Sustainability	176 071	293 707
Fundraising & Sustainability	116 501	237 787
Organisational Development	33 555	32 973
Staff Development and Training	10 450	10 050
Staff Welfare	15 565	12 897
Programme Costs	2 050 456	1 787 746
Programme Salaries	2 050 456	1 787 746
ProSEED Youth Development Programme	525 298	380 961
CYCC Capacity Building Process	138 065	93 636
Camps	47 527	23 015
Conferences	72 015	7 108
Educational support & Bursaries	18 127	24 985
Food Support & Youth Accommodation	81 780	26 320
Group & Life skills Sessions	60 798	23 907
Internship Support	11 400	93 800
Programme Development	26 837	36 695
Staff Development	14 617	5 550

continued

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Telephone & Staff Transport	25 328	25 552
Youth Transport	28 804	15 393
Youth loan written off		5 000
Community Health Programme	181 413	133 317
Community Champions	41 750	37 544
Conferences	39 400	
General Expenses	10 717	6 234
Lucky Spaji (Income Generating Project)		2 000
Printing & Stationery	6 717	5 273
Programme Development	23 800	28 300
Staff Development	8 967	12 090
Transport	32 098	25 530
Telephone	11 556	8 372
Workshop Materials	6 408	7 974
	<u>3 349 376</u>	<u>2 967 734</u>

Mamelani Projects
Statement of Financial Position
at 28 February 2017

	2017 R	2016 R
ASSETS		
Non-current assets		
Equipment	32 118	27 684
Current assets		
Trade and Other Receivables	35 050	33 653
Cash and cash equivalents	1 195 667	1 192 224
	<u>1 230 717</u>	<u>1 225 877</u>
Total Assets	1 262 835	1 253 561
RESERVES AND LIABILITIES		
Reserves		
Accumulated surplus	1 208 691	833 866
	<u>1 208 691</u>	<u>833 866</u>
Current Liabilities		
Trade and other payables	54 144	24 695
Deferred Income		395 000
	<u>54 144</u>	<u>419 695</u>
Total Reserves and Liabilities	1 262 835	1 253 561

Thank You

- Community Chest for the donation awarded as part of the Youth Excellence Awards.
- Nina Ruh and Lennart Pletziger for organising an incredible concert that raised funds for Mamelani all the way from Germany!
- Table Mountain Cableway for the donation of tickets for our closing ceremony with child and youth care and social workers.
- Grant Gibor and his team at Personal Cleaners, for their on-going support.
- Ian McFarlane and his team at the Cape Town Medispa, for their on-going support.
- Catherine Morris and her team at GreenHome and The Trustees of the Dreichmar Trust who generously have supported Yiza Ekaya.
- Astrid Wicht, Amanda Kirk, Amanda Zar, Lungisa Huna, Lucy Jamieson, Mike Abrams and Sue Soal for the role they have played in strengthening and supporting us in our work!
- A huge shout out to the Top 3 Cape Town Cycle Tour fundraisers: Isaac Mwanza, Grant Rock and Catherine Morris and the Top 3 Three Peaks Challenge runners: Petrus de Klerk, Gavin Snell and Stephen Davis for going the extra mile!

Partners

We would also like to extend our thanks to our partner organisations – we value the relationships that we have built with you and the journey we have walked together!

Organisational partners:

Our Organisational Development Partners – Hands On and The Proteus Initiative.

Our training partners – UCT Department of Human Nutrition, The Children's Institute and Training for Transformation.

Health Programme partners:

Our implementing partners - Medecins Sans Frontieres (MSF-SA), Treatment Action Campaign (TAC), Ubuntu Touch, Kuyasa Clinic and Yiza Ekaya.

Our community partners – Langa Action Community Aids Programme (LACAP), Phaphamani Sizwe, Sizakuyenza, SAHEP, Lathitha, Grassroots Soccer and Ithemba Labahlali, TB/HIV care, Ekaya Ekasi, Amandla Edu football, SACLA.

Our networking partners – MSAT and The People's Health Movement South Africa (PHM-SA), (WOW) Western Cape on Wellness.

Youth Programme partners:

Our implementing partners in the Capacity Building Process – The Department of Social Development and the young people, Child and Youth Care Workers, Foster Mothers, Social Workers and Directors from Heatherdale Children's Home, The Homestead, Home from Home, Lawrence House, SA Children's Home and St George's Home for Girls, Holy Cross Children's Home and Girls and Boys Town.

Our accommodation partners - Beth Uriel and Echo House.

Our Educational partners - School of Hope, City Mission Educational Services, U-Turn, CPUT, Northlink College and Cornerstone College.

Our experiential learning and work readiness partners - RLabs, Protea Hotel Garden Court, Table Mountain Cableway, Virgin Active, Cape Wheel, San Circus, Scripture Union.

Our networking partners – The National Association of Child and Youth Care Workers (NACCW), CYC-Net and the Western Cape Collaborative Network of Youth Organisations (WC-CNOYO).

Supporters

Our work would not be possible without the generous support of our donors and Mamelani Movers!

Corporate donors and Trusts and Foundations

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Western Cape Department of Social Development
World Childhood Foundation

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Kate O Onyett
Lennart Pletziger
Matthew Rosen-Marsh
Michel Friedman
Nicole Bergh
Patricia Southwood
Ronnie and Denise Tanur

Mamelani Movers

Three Peaks Challenge

Gavin Snell, The Three Peaks Challenge co-organiser dedicated his 20th Three Peaks Challenge run to raising funds for Mamelani! We are grateful to him and the 9 other Three Peaks runners who raised R26 000 for Mamelani's programmes. We are proud to be associated with The Three Peaks Challenge and are looking forward to continuing our relationship with this wonderful event in 2017.

Cape Town Cycle Tour

Unfortunately, last year's Cycle Tour was cancelled due to the strong Cape Town winds but the Mamelani Movers' fundraising efforts were not in vain! Thank you to the 30 riders and over 150 individuals who backed them on their campaigns. They collectively raised just over R 58 000.



Thank you

*for taking the time to read this report and
for your ongoing support of our work!*

Mamelani Projects is a
Non Profit Organisation

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Mamelani Projects

To make a contribution to Mamelani Projects,
you can make a direct donation via snapscan.



Via our website. Please use the link below:
<http://www.mamelani.org.za/get-involved/donate/>

Or make a payment directly to our bank account.

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Branch code:	632005
International SWIFT code:	ABSAZAJJ
Reference:	Your name